



Supplement Facts

Serving Size 4 Tablets
Servings Per Container 15

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	20	L-Histidine	77 mg †
Protein	5 g 10%*	L-Isoleucine	331 mg †
Calcium	25 mg 3%	L-Leucine	474 mg †
Sodium	10 mg <1%	L-Lysine	481 mg †
L-Alanine	236 mg †	L-Methionine	93 mg †
L-Arginine	86 mg †	L-Phenylalanine	104 mg †
L-Aspartic Acid	540 mg †	L-Proline	289 mg †
L-Carnitine	20 mg †	L-Serine	218 mg †
L-Cysteine	111 mg †	L-Threonine	366 mg †
L-Glutamic Acid	868 mg †	L-Tryptophan	72 mg †
L-Glutamine	200 mg †	L-Tyrosine	76 mg †
L-Glycine	78 mg †	L-Valine	281 mg †

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value (DV) not established.

INGREDIENTS: Hydrolyzed Whey Protein Isolate (from milk), L-Glutamine, Cellulose, Vegetable Stearic Acid, Croscarmellose Sodium, Egg White Hydrolysate, Silica, L-Carnitine L-Tartrate, Polyethylene Glycol, Carrageenan, Maltodextrin, Water.

TYPICAL AMINO ACID PROFILE PER SERVING

Essential Amino Acids

Per Serving	
L-Leucine (BCAA)	474 mg
L-Isoleucine (BCAA)	331 mg
L-Valine (BCAA)	281 mg
L-Lysine	481 mg
L-Threonine	366 mg
L-Methionine	93 mg
L-Phenylalanine	104 mg
L-Tryptophan ¹	72 mg

Non-essential Amino Acids

Per Serving	
L-Arginine	86 mg
L-Cystine	111 mg
L-Alanine	236 mg
L-Aspartic Acid	540 mg
L-Glycine	78 mg
L-Histidine	77 mg
L-Proline	289 mg
L-Serine	218 mg
L-Tyrosine	76 mg
L-Glutamic Acid	868 mg

- 1000 mg branched-chain amino acids, L-Carnitine and peptide bonded, and free amino acids per tablet!
- High-tech protein that is easily digested, absorbable and utilizable to maximize growth and optimize protein synthesis*

How It Works:

Twinlab® Amino Fuel® tablets are an amino acid supplement containing a high-tech anabolic formula with 1000 mg (per tablet) of branched chain amino acids, L-Carnitine and peptide bonded, and free amino acids. All of these readily absorbable amino acids come from the highest quality whey and egg white proteins.

Research shows that when taken orally, peptide-bonded amino acids increase nitrogen retention and are superior for achieving optimum muscle growth.*

Suggested Use:

Take 4 tablets daily with each meal or as recommended by a professional trainer. For best results, use as part of a proper diet and exercise program. These tablets may be difficult to swallow. Please break tablet in half and crush into powder with a pill crusher prior to swallowing with plenty of water.

Product Specs:

Size/Count: 60, 150, 250

Form: Tablet

WARNING:

Do not use if pregnant or nursing. Consult a health care professional before use if you are taking any medication or have any medical condition. Not recommended for use by individuals under the age of 18 without parental permission. KEEP OUT OF REACH OF CHILDREN.

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