



1-866-293-3367

Product Info

Supplement Facts

Reviews

Customer Q&A

Healthy Info & More

the Vitamin Shoppe Evening Primrose Oil (500 MG) 300 Softgels

Product Label

Extracted from the seeds of the evening primrose plant without hexane or other harsh chemical solvents. A natural, rich source of the long chain polyunsaturated fatty acid gamma-linolenic acid (GLA).

Directions

As a dietary supplement, take (1) to three (3) softgels daily, preferably with meals.

Warning

KEEP OUT OF REACH OF CHILDREN.

Does Not Contain:

Yeast, Corn, Wheat, Sugar, Salt, Soy, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors Added.

Evening Primrose Oil Supplement Facts

How do you read a supplement facts label?

Supplement Facts

Serving Size 1 SOFTGEL

Servings Per Container 300

	Amount Per Serving	% Daily Value
Calories	5	N/A*
Calories From Fat	5	N/A*
Total Fat	1 Mg	1%
EVENING PRIMROSE OIL (OENOTHERA BIENNIS)(SEED) PROVIDING:	500 Mg	N/A*
Gamma Linolenic Acid(Gla)	38 Mg	N/A*
Linoleic Acid(LA)	272 Mg	N/A*
OLEIC ACID(OA)	19 Mg	N/A*

* Daily value not established

Other Ingredients:

Gelatin, glycerin, purified water.