



Swanson

U L T R A[®]

The Most Advanced Nutrition Technology

T A B L E T S

Supplemelts[™]

Sublingual

Vitamin B-12

High Absorption Methylcobalamin

Vitamin Supplement

Natural Strawberry Flavor

60 TABLETS • 5 mg



- DO NOT USE IF SEAL IS BROKEN.
- KEEP OUT OF REACH OF CHILDREN.
- STORE IN A COOL, DRY PLACE.

SUGGESTED USE:

As a dietary supplement, dissolve one tablet under tongue per day.

Supplement Facts

Serving Size 1 Sublingual Tablet

	Amount Per Serving	% Daily Value
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Vitamin B-12	5,000 mcg	83,333%
(as methylcobalamin)		

Other ingredients: Oral dissolve excipient (d-mannitol, microcrystalline cellulose, crospovidone, dicalcium phosphate, xylitol), magnesium silicate, natural strawberry flavor, rebaudioside A (from stevia).

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
PO Box 2803 • Fargo, ND 58108 USA
TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com

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