



vitamin E
plus selenium

400IU

mixed tocopherols[▼]

immune[▼]

antioxidant[▼]

vitamin
100 softgels
dietary supplement

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha, d-beta, d-gamma, d-delta tocopherols and d-alpha tocopheryl acetate)	400 IU	1333%
Selenium (as L-selenomethionine)	50 mcg	71%

Other ingredients: Gelatin, glycerin, soybean oil, yellow beeswax, soy lecithin, purified water.

Contains: Soy.

Does not contain: Yeast, Corn, Wheat, Gluten, Sugar, Salt, Starch, Dairy, Citrus, Fish, Preservatives, Artificial Colors or Flavors.

▼ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DIRECTIONS: As a dietary supplement, take one (1) softgel daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Natural Source d-Alpha Vitamin E. Research has shown that natural source d-Alpha Vitamin E delivers twice the bioavailability of dl-Alpha, the synthetic form of Vitamin E. This product contains 100% d-Alpha Vitamin E from natural food sources combined with d-Gamma, d-Beta and d-Delta tocopherols, the rest of the Vitamin E family.

STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT
Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094
Visit www.vitaminshoppe.com
or call 1-800-223-1216 for more information and to reorder.

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