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Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

100% SOLVENT FREE



**TO REORDER ITEM # 7374**  
www.puritan.com  
1-800-645-1030

Carefully Manufactured by  
PURITAN'S PRIDE, INC.  
Ronkonkoma, NY 11779 U.S.A.  
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 Puritan's Pride

COLD PRESSED

# EVENING PRIMROSE OIL

1000mg



A Natural Source  
of GLA

DIETARY SUPPLEMENT

120 rapid release  
softgels

**DIRECTIONS:** For adults, take one (1) to six (6) softgels daily, preferably with meals.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	10	
Total Fat	1 g	1%*
Polyunsaturated Fat	1 g	**
Evening Primrose Oil	1,000 mg (1 g)	**
Cis-Linoleic Acid (LA)	730 mg	**
Gamma-Linolenic Acid (GLA)	90 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.