

Suggested Usage: Take 1 capsule 3 times daily with water, preferably on an empty stomach. Start with 1 capsule per day and gradually increase to 3 capsules per day.

REFRIGERATION RECOMMENDED.

NOW® Probiotic Defense™ is a combination of "friendly" probiotic bacteria, including clinically validated strains, blended into a fermented whole food base. NOW® Probiotic Defense™ combines 13 active bacterial strains formulated to support gastrointestinal health and immune system function.* FOS (fructo-oligosaccharide) is also included in this product to assist healthy growth of *Acidophilus* and *Bifidus* organisms.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Not manufactured with egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (especially immune-suppressing drugs), or have a medical condition (especially if immune system is compromised). Keep out of reach of children.

The probiotic strains in this product have been identity-verified using DNA-fingerprinting technology.



Probiotic Defense™

Probiotic Blend in a Whole Food Base

Healthy Intestinal Flora*

- 1 Billion Organisms
- Promotes Positive Probiotic Balance*
- Supports Healthy Immune System*

90 Veg Capsules

A Dietary Supplement



Probiotics/Enzymes/Digestive

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

Probiotic Defense™ Blend of: 485 mg*

Fermented Greens [Barley Grass (*Hordeum vulgare*), Oat Grass (*Avena sativa*), Wheat Grass (*Triticum aestivum*), Alfalfa (*Medicago sativa*)]

Freeze-dried Probiotic Strains (1 Billion CFU) [*Lactobacillus acidophilus* (La-14), *Bifidobacterium lactis* (BI-04), *Lactobacillus brevis* (Lbr-35), *Lactobacillus casei* (Lc-11), *Lactobacillus plantarum* (Lp-115), *Lactobacillus rhamnosus* (Lr-32), *Lactobacillus salivarius* (Ls-33), *Lactobacillus paracasei* (Lpc-37), *Bifidobacterium bifidum*/*Bifidobacterium lactis* (Bb-02), *Bifidobacterium breve* (Bb-03), *Bifidobacterium longum* (BI-05), *Lactobacillus bulgaricus* (Lb-87), *Saccharomyces boulardii*]

Super Green Foods [Alfalfa Juice Concentrate and Organic Kelp (*Laminaria spp.*)]

* Daily Value not established.

Other ingredients: Cellulose (capsule), Fermented Molasses, Probiotic Cultures, Magnesium Stearate (vegetable source), Chicory Root, Inulin/FOS (fructo-oligosaccharide) and Silica. Contains wheat, milk and soy.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Suitable for lacto-vegetarians. May contain trace levels of dairy protein.

Do not eat freshness packet. Keep in bottle.



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