SUGGESTED USAGE: Take 1 capsule 1 to 3 times daily, or as directed by your healthcare practitioner. HOW IT WORKS: Milk Thistle (Silvburn marianum) has been used by traditional herbalists for centuries.

Silymarin, an extract of Milk Thistle, is composed of a family of flavonoids, including Silybin, with smaller amounts of Silvdianin and Silvchristin, Milk Thistle has been shown to support the production of glutathione by the liver.* Studies indicate that the constituents in Silymarin may help to support healthy liver function.* This vegetarian formula also includes extracts of Artichoke & Dandelion for additional support.

with some drugs, including acetaminophen. May trigger mild, transient GI discomfort. Consult your healthcare practitioner if you are pregnant/lactating or if you suffer from obstruction of the bile ducts, gallstones, or gallbladder dysfunction. Do not take this product if you have an allergy to plants of the Asteraceae family.

CAUTIONS/INTERACTIONS: Milk Thistle may interact

Do not eat freshness packet. Keep in bottle.





Milk Thistle Extract 300 mg

Liver Support Formula*

With Artichoke & Dandelion



90 Veg Capsules Dietary Supplement Vegetarian/Vegan **Supplement Facts** Serving Size 1 Veg Capsule

300 ma*

Amount Per Serving Milk Thistle Extract (Silybum marianum) (Fruit/Seeds) (Standardized to

240 mg Silymarin Flavonoids - equivalent 80%) Dandelion Root (Taraxacum officinale) 100 mg* Artichoke (Cynara scolymus) (Leaf) 50 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Silica and Magnesium Stearate (vegetable source).

Protocol For Life Balance®, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA protocolforlife.com Not manufactured with yeast, wheat, gluten, soy, milk,

egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.