DIRECTIONS & USE



When used as part of your workout and recovery program the BCAAs can help promote muscle protein synthesis.†



NSF screens supplements for more than 200 substances banned by most major athletic organizations. The main components of NSF's certification program are label claim review, a toxicology review to certify the formulation and contaminant review to ensure against contaminants, nsfsport.com

Mix 1 scoop (12g) with 8 fl-oz of water, MONSTER AMINO 6:1:1™

This product complements a smart eating and hydration plan that.

in conjunction with a balanced exercise program, may contribute to

Supplement Mix can be used before, during or after workouts.



Leucine peptides made from a proprietary process that binds free-form leucine to leucine peptides isolated from whey.



WHAT ARE YOU GETTING?

growth and recovery

IS SPORTS NUTRITION THAT STANDS FOR:

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. stands for TRUTH: fully disclosed nutritional ingredients and no proprietary blends; POWER: efficacious formulations that enhance your performance: LIFE: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and

performance changes lives.

BRANCHED-CHAIN AMINO ACID SUPPLEMENT MIX

PREPARE

TRAIN ▶ RECOVER



BLUE RASPBERRY NATURALLY & ARTIFICIALLY FLAVORED

Supplement Facts

"Percent Daily Value (DV) not established

Typical Amino Acid Profile

L-Arginine L-Aspartic Acid

L-Glutamic Acid

L-Methionine

L-Phenylalanine

erving Size 1 scoop (12g) ervings Per Container 25				Sodium Citrate, Fruit and Vegetable Extract (Added for Color), Soy Oil and Lecithin Blend, Acesulfame
	Amount Per Serving			Potassium, Sucralose, Silicon Dioxide (Anti-caking Agent), Dimethylpolysiloxane (Prevents Foaming),
ılc	ries	20		Carmine (Added for Color).
ta	Carbohydrate	3 g	1%*	Contains ingredients derived from Milk and Soy.
ot	ein	2 g	2%*	Produced for CytoSport, Inc., Walnut Creek, CA 94597
la	nin B6 (as Pyridoxal-5-Phosphate)	5 mg	250%	
d	um	50 mg	2%	PepForm® is a registered trademark of Glanbia PLC.
ıtε	ssium	85 mg	2%	GLUTEN FREE
				GLOTERTREE
ю	Form® Leucine-Enriched Whey Peptides	2 g	**	† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
Ĺε	ucine	3.7 g	**	
Is	leucine	550 mg	**	

Percent Daily Values (DV) are based on a 2,000 calorie die

4.500 n

For Information on CytoSport Products call 1-888-298-6629 or email productquestions@cytosport.com CYTOSPORTMONSTER.COM

Malic Acid, Citric Acid, Maltodextrin, Potassium Citrat

