

SOURCE NATURALS®



Supplement Facts

Serving Size 1/2 Teaspoon (approx. 2.6 g)

Servings Per Container 174

	Amount Per Serving
MSM (methylsulfonylmethane [OptiMSM®])	2.4 g†
†Daily Value not established.	

MSM serves as an important source of bioavailable dietary sulfur, a mineral that plays a critical role in maintaining the integrity and elasticity of connective and other tissues. It is an important component of proteins found throughout the body, such as in hair, nails, skin and tendons. MSM is a naturally occurring form of organic sulfur found mainly in protein-rich foods such as eggs, fish and lean meat. Taking MSM each day helps to replenish the body's supply of sulfur.*

Suggested Use: 1/2 teaspoon daily, briskly stirred or blended with 8 ounces of water or juice.

STORE IN A COOL, DRY PLACE.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

**Do not use if either tamper-evident seal is broken or missing.
Keep out of the reach of children.**

Packaged by weight, not by volume. Settling may occur.

Suitable for vegetarians and HYPOALLERGENIC: contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

OptiMSM® is a trademark of Bergstrom Nutrition.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN1535 REV K151

Manufactured for:
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