

DIRECTIONS & USE

MIX 1 SCOOP (12g)
INTO 8 FL-OZ WATER



6:1:1
BCAAs

LEUCINE
ISOLEUCINE
VALINE

When used as part of your workout and recovery program the BCAAs can help promote muscle protein synthesis.†

NSF

*FREE OF
BANNED
SUBSTANCES

NSF screens supplements for more than 200 substances banned by most major athletic organizations. The main components of NSF's certification program are label claim review, a toxicology review to certify the formulation and contaminant review to ensure against contaminants. nsfsport.com

LEU **PepForm**
Leucine Peptides

Leucine peptides made from a proprietary process that binds free-form leucine to leucine peptides isolated from whey.

**NUTRIENT
SUMMARY
PER SERVING**

4.5G
L-LEUCINE
FROM PEPPERMINT LEUCINE-
ENRICHED WHEY PEPTIDES
AND FREE-FORM L-LEUCINE

This BCAA helps stimulate muscle protein synthesis at the cellular level.†

0.75G
L-ISOLEUCINE & L-VALINE
FROM PEPPERMINT LEUCINE-ENRICHED
WHEY PEPTIDES AND FREE-FORM
L-ISOLEUCINE AND L-VALINE

These BCAAs, together with L-Leucine, can help enhance muscle growth and recovery after exercise.†

WHAT ARE YOU GETTING? **CHECK THIS OUT...**

IS SPORTS NUTRITION THAT STANDS FOR:

**TRUTH
POWER
LIFE**

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. **⚡** stands for TRUTH: fully disclosed nutritional ingredients and no proprietary blends; POWER: efficacious formulations that enhance your performance; LIFE: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.

NET WT 10.6 OZ (300G)

MONSTER

AMINO

BRANCHED-CHAIN AMINO
ACID SUPPLEMENT MIX

► PREPARE
► TRAIN
► RECOVER

**CYTOSPORT
MONSTER
SERIES™**

FRUIT PUNCH
NATURALLY & ARTIFICIALLY FLAVORED

6G
TOTAL BCAAs
PER SERVING

4.5G
L-LEUCINE
PER SERVING

NSF

*FREE OF
BANNED
SUBSTANCES

Supplement Facts

Serving Size 1 scoop (12g)
Servings Per Container 25

	Amount Per Serving	%DV
Calories	20	
Total Carbohydrate	3 g	1%*
Protein	2 g	2%*
Vitamin B6 (as Pyridoxal-5-Phosphate)	5 mg	250%
Sodium	50 mg	2%
Potassium	85 mg	2%

PepForm® Leucine-Enriched Whey Peptides	2 g	**
L-Leucine	3.7 g	**
L-Isoleucine	550 mg	**
L-Valine	550 mg	**
L-Citrulline	1 g	**

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Percent Daily Value (DV) not established.

Typical Amino Acid Profile

L-Alanine	50 mg
L-Arginine	15 mg
L-Aspartic Acid	125 mg
L-Cystine	25 mg
L-Glutamic Acid	200 mg
L-Glycine	15 mg
L-Histidine	15 mg
L-Isoleucine	750 mg
L-Leucine	4,500 mg
L-Lysine	90 mg
L-Methionine	20 mg
L-Phenylalanine	30 mg
L-Proline	60 mg
L-Serine	50 mg
L-Threonine	75 mg
L-Tryptophan	20 mg
L-Tyrosine	30 mg
L-Valine	750 mg

OTHER INGREDIENTS: Maltodextrin, Malic Acid, Citric Acid, Natural and Artificial Flavors, Beet Powder (Added for Color), Potassium Citrate, Sodium Citrate, Soy Oil and Lecithin Blend, Acesulfame Potassium, Sucralose, Silicon Dioxide (Anti-caking Agent), Dimethylpolysiloxane (Prevents Foaming).

Contains ingredients derived from Milk and Soy.

Produced for CytoSport, Inc., Walnut Creek, CA 94597

PepForm® is a registered trademark of Glanbia PLC.

GLUTEN FREE

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

For Information on CytoSport Products
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PLEASE
RECYCLE