

Suggested use: Take one tablet two to three times daily with a full glass of water, preferably after a meal.

Two tablets provide: 1000 mg Calcium, 100% of the Daily Value for adults and children 4 or more years of age and 100% of Vitamin D.

Three tablets provide: 1500 mg Calcium, 115% of the Daily Value for pregnant and lactating women and 150% of Vitamin D.

Keep out of the reach of children. Keep in a cool dry place, tightly closed.

Calcium with Vitamin D Tablets USP.



equaline™

compare to
Os-Cal® 500 + D†

oyster shell

calcium+D

500 mg calcium
200 I.U. vitamin D
dietary supplement

75 tablets



USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See www.uspverified.org

Supplement Facts

Serving Size 1 Tablet

Each Tablet Contains	% Daily Value
Vitamin D 200 I.U.	50%
Calcium 500 mg	50%

INGREDIENTS: Oyster Shell, Maltodextrin, Cellulose, Acacia, Croscarmellose Sodium, Hypromellose, Dextrin, Mineral Oil, Titanium Dioxide, Hydroxypropyl Cellulose, Polyethylene Glycol, Calcium Stearate, Magnesium Stearate, Corn Starch, Gelatin, Dextrose, Blue 1 Lake, Soy Lecithin, Yellow 5 Lake, Sucrose, Polysorbate 80, Povidone, Sodium Citrate, Carnauba Wax, Stearic Acid, Crospovidone, Cholecalciferol.

Distributed by Albertsons, Inc.
Boise, Idaho 83726

†Os-Cal® is a registered trademark of Aventis Holdings, Inc., Greenville, DE 19807 and is distributed by GlaxoSmithKline Consumer Healthcare, L.P., Pittsburgh, PA 15230.

Vitamin D assists in the absorption of calcium. Regular exercise and a healthful diet with adequate calcium are essential in achieving peak

bone mass in teenagers and young adults and maintaining bone health during adulthood. Individuals who do not store enough calcium throughout their lives have an increased risk for developing osteoporosis.

While adequate calcium intake is important, daily intakes above 2000 mg are not likely to provide any additional benefit.

QUALITY
Promise

We are committed to your satisfaction and guarantee the quality of this product.
Contact us at
1-877-932-7948, or
www.albertsons.com

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FRESHNESS AND POTENCY GUARANTEED THROUGH: