

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

As always, use with a reduced calorie diet and daily exercise program.

It is important to check with your health care practitioner before beginning any diet and exercise program.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Tonalin® CLA is an exclusively licensed product of BASF Personal Care and Nutrition GmbH.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 5175
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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B5175 14H



www.puritan.com

Puritan's Pride

Tonalin

Tonalin® 1000_{mg}

CLA Conjugated
Linoleic Acid

Body Shaping & Toning Formula*
Support Your Dieting Goals*

90 RAPID RELEASE
SOFTGELS

Dietary Supplement

DIRECTIONS: For adults, take two (2) softgels with your largest meal of the day. Take one (1) additional softgel with a second meal, for a total of three softgels daily.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 45

Amount Per Serving	%Daily Value	
Calories	20	
Total Fat	2 g	3%**
Tonalin® CLA (from Safflower Oil) Contains:	2,000 mg (2 g)	***
78-84% Conjugated Linoleic Acid (CLA)		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.