DIRECTIONS & USE

MIX 1 SCOOP Mix 1 scoop (33g) with 8 fl-oz of water.

workouts or prior to bedtime.

depending on gender, body weight, level This product complements a smart eating and hydration plan that, in conjunction with a balanced exercise program, may contribute to weight management and recovery from exercise. During exercise and use, maintain an adequate state



a healthy way to get the protein you muscle growth.†

NSF screens supplements for more than 200 substances banned by most major athletic organizations. The main components of NSF's certification program are label claim review. a toxicology review to certify the to ensure against contaminants.

Individual nutritional requirements vary

IS SPORTS NUTRITION THAT STANDS FOR:

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. stands for TRUTH: fully disclosed nutritional ingredients and no proprietary blends; POWER: efficacious formulations that enhance your performance; LIFE: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.



WHAT ARE YOU GETTING? CHECK THIS OUT...



comes from one source - whey protein isolate which is natural source of glutamine and the branched-chain amino acids

When used as part of your workout recovery the

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

NET WT 35.3 OZ (2.2 LBS / 1000G)

WHEY PROTEIN ISOLATE SUPPLEMENT MIX

PREPARE TRAIN

PRECOVER

CYTOSPORT MONSTER SERIES™

VANHLLA NATURALLY AND ARTIFICIALLY FLAVORED

Supplement Facts

Serving Size 1 scoop (33g) Servings Per Container About 30

| | Amount Per Serving | %DV |
|--------------------|--------------------|------|
| Calories | 130 | |
| Calories from Fat | 15 | |
| Total Fat | 1.5 g | 2%* |
| Cholesterol | 10 mg | 3%* |
| Total Carbohydrate | 3 g | 1%* |
| Dietary Fiber | 1 g | 4%* |
| Sugars | <1 g | ** |
| Protein | 25 g | 50%* |
| Calcium | 100 mg | 10% |
| Phosphorus | 60 mg | 6% |
| Sodium | 80 mg | 3% |
| Potassium | 420 mg | 12% |
| | | |

* Percent Daily Values (DV) based on a 2,000 calorie diet. **Percent Daily Value (DV) not established

INGREDIENTS: Whey Protein Isolate (Milk), Non-Dairy Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate (A Milk Derivative Mono- and Diglycerides, Tocopherols), Oat Fiber, Natural and Artificial Flavors, Potassium Chloride, Soy Lecithin, Xanthan Gum Acesulfame Potassium, Sucralose, Silicon Dioxide (Anti-caking

Produced for CytoSport, Inc., Walnut Creek, CA 94597

ese statements have not been evaluated by the Food and Drug Administration s product is not intended to diagnose, treat, cure, or prevent any disease.



For Information on CytoSport Products call 1-888-298-6629 or email @2015 CytoSport, Inc.



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