SUGGESTED USAGE: Take 1-2 capsules 1 to 2 times daily, or as directed by your healthcare practitioner.

SHELF STABLE.
AFTER OPENING REFRIGERATE TO EXTEND POTENCY.

HOW IT WORKS: Intestinal bacteria support gastrointestinal (Gil) health and digestion via the processing and absorption of nutrients and the maintenance of a healthy mucosal barrier. Maintenance of a balanced gut ecology is critical for proper immune system function. Bifido Digest¹⁹⁰ combines ⁹ probiotic strains specifically chosen to help support Gil well-being. ⁹ The predominant problotic strain in this formula is 8. Jaccia for the proposition of the property of the

CAUTIONS/INTERACTIONS: Some individuals may experience mild, but transitory ofl discomfort upon initial supplementation with probiotics. If you are taking prescription medications, including immunosuppressants, if you have a condition related to immunodeficiency, or if you are pregnant or lactating, consult your healthcare practitioner before using this product.

The probiotic strains in this product have been identity-verified using DNA-fingerprinting technology.



feeling of bloat.*





Bifido Digest[®]

- Gastrointestinal Well-Beina*
- Positive Impact on GI Transit Time*



60 Veg Capsules
A Dietary Supplement Vegetarian/Vegan



Supplement Facts Serving Size 2 Veg Capsules Servings Per Container 30

Amount Per Serving

Blend of Problotic Bacteria

Bildobacterium lacils HNO19th (predominant strain),
plus 8 strains: Lactobacillus acidophilus (La-14)

Bildobacterium lacils (Bl-04). Lactobacillus (la-3)

Bildobacterium lacils (Bl-04). Lactobacillus salvarius (Ls-33),
Lactobacillus asaie (Lo-11). Streptococcus
thermophilus (Ss-21). Bildobacterium longum (Bl-05).

Bildobacterium bildumBildobacterium lacils (Bh-02)

* Daily Value not established.

Other ingredients: Cellulose Powder, Acid-Resistant Cellulose Capsule and Silica.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is formulated to deliver a potency of 20 Billion

CFU (per 2 capsules) through the Best By date.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to

diagnose, treat, cure or prevent any disease.