

**SUGGESTED USAGE:** Take 1 softgel daily, or as directed by your healthcare practitioner.

**HOW IT WORKS:** Zinc is an essential mineral that is involved in many aspects of cellular metabolism.\* Zinc is a key cofactor in hundreds of enzymatic reactions, and plays a critical role in protein synthesis, the maintenance of cellular structures, and cell signaling.\* Because of these varied functions, Zinc is necessary for the maintenance of skeletal, neurological, reproductive, and immune system health.\* Although dietary bioavailability of Zinc is relatively poor, Zinc Glycinate has been shown to achieve superior absorption and bioavailability.

**CAUTIONS/INTERACTIONS:** Zinc may interact with cisplatin and many drugs can affect zinc status. Certain medications, including penicillamine, bisphosphonates, quinolone and tetracycline, may affect Zinc absorption. Take zinc supplements at least 2 hours before or after any drugs that may affect its absorption. Consult your healthcare practitioner before taking this product if you are taking any medications.

**Do not eat freshness packet. Keep in bottle.**

**Natural color variation may occur in this product.**

CODE  
P1554  
V3



**PROTOCOL**  
**FOR LIFE BALANCE®**

# Zinc Glycinate

30 mg Albion® TRAACS® Zinc

- Supports Healthy Immune Function\*
- Superior Bioavailability

120 Softgels  
A Dietary Supplement

## Supplement Facts

Serving Size 1 Softgel

|  | Amount<br>Per Serving | % Daily<br>Value |
|--|-----------------------|------------------|
| Zinc (from Zinc Bisglycinate)<br>(TRAACS®) | 30 mg                 | 273%             |
| Pumpkin Seed Oil (Cold-Pressed)            | 250 mg                | †                |

† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob), Beeswax and Soy Lecithin.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.  
Bloomingdale, IL 60108, USA protocolforlife.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

U.S. Patent 7,838,042 and patents pending, and the trademark TRAACS® are used under license from Albion Laboratories, Inc.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.