Solgar® Vitamin C Crystals provide pure, Vitamin C in a convenient dosage form. Vitamin C is a water-soluble nutrient with revered antioxidant and immune support-ive properties. In addition to helping to fight cell-damaging free-radicals, it also helps collagen (connective tissue) formation, which is important for healthy skin and joints.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
Solgar, Inc.
500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

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SOLGAR®
Since 1947

PURE VITAMIN C CRYSTALS

GLUTEN, WHEAT & DAIRY FREE

Non-GMO
SUITABLE FOR VEGANS

Certified GF Gluten Free

PARVE

NET WT. 8.8 oz. (250 g)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: ¼ Teaspoon (Approx. 1.25 g)
Servings Per Container: About 200

Amount Per Serving		%DV
Vitamin C	1,125 mg	1,250%

DV= Daily Value

Ingredient: L-Ascorbic Acid.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one quarter (1/4) teaspoon daily, preferably with a meal or as directed by a healthcare practitioner. May be added to juice or sprinkled on food.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your health-care practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

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