



**PROTOCOL**  
FOR LIFE BALANCE®

**SUGGESTED USAGE:** Take 1 capsule daily with a meal, or as directed by your healthcare practitioner.

**HOW IT WORKS:** ChromeMate® is a unique niacin-bound Chromium complex that has demonstrated exceptional bioavailability. Chromium is a mineral that is required for proper insulin activity, which is critical for healthy glucose metabolism.\*

**CAUTIONS/INTERACTIONS:** Chromium may interact with thyroid hormone replacement and diabetes medications. Some medications, such as corticosteroids and acid-blocking drugs may affect chromium status. If you are taking any medications, are diabetic, have liver or kidney disease, or if you are pregnant/lactating, consult your healthcare practitioner before using this product.

**Do not eat freshness packet. Keep in bottle.**

**Natural color variation may occur in this product.**

CODE  
P1415B  
V6



# ChromeMate®

## 200 mcg

- Biologically Active / Niacin Bound
- Supports Healthy Blood Sugar Levels Already Within Normal Range\*



**90 Veg Capsules**

A Dietary Supplement Vegetarian/Vegan

## Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Niacin	1.1 mg	7%
Chromium (as Chromium Polynicotinate) (ChromeMate®)	200 mcg	571%

Other ingredients: Rice Flour and Cellulose (capsule).

Protocol For Life Balance®, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA protocolforlife.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

ChromeMate® is a registered trademark of InterHealth Nutraceuticals Inc.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.