



# PROTOCOL FOR LIFE BALANCE®

**SUGGESTED USAGE:** Add 1 level scoop daily to 10 oz. of cold water, juice, or your favorite beverage, and blend; or use as directed by your healthcare practitioner.

**HOW IT WORKS:** Protocol for Life Balance® Plant Protein Complete is specifically formulated to provide a potent source of plant protein that is both easy to digest and abundant in amino acids. Our proprietary blend consists of non-GMO vegan protein from Pea, Hemp and Quinoa sources. Each 1 scoop serving provides 22 grams of protein, and typically has about 3,900 mg of branched-chain amino acids and 1,800 mg of L-Arginine. Naturally sweetened with xylitol and stevia extract with a hint of natural vanilla, Protocol for Life Balance® Plant Protein Complete tastes great and mixes easily.

**NOTICE:** Use this product as a food supplement only. Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Natural color variation may occur in this product.

# Plant Protein Complete

## Natural Vanilla Flavor

- Non-GMO, 22 g Protein
- Vegan Protein Blend of Pea, Hemp, Quinoa
- Soy, No Dairy

NET WT. 2 LBS. (907 g)

## Nutrition Facts

24 servings per container

**Serving size** 1 level scoop (38g)

**Amount per serving**

**Calories** **130**

% Daily Value\*

**Total Fat** 2g **3%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 360mg **16%**

**Total Carbohydrate** 7g **3%**

Dietary Fiber 2g **7%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

Xylitol 2g

**Protein** 22g **44%**

Vit. D 0mcg 0% • Calcium 26mg 2%

Iron 6mg 35% • Potas. 149mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** YELLOW PEA PROTEIN ISOLATE, NATURAL FLAVORS, QUINOA PROTEIN, XYLITOL, HEMP PROTEIN, BETTERSTEVIA® (ORGANIC STEVIA LEAF EXTRACT), XANTHAN GUM, STEVIA LEAF EXTRACT (REBAUDIOSIDE A).

PROTOCOL FOR LIFE BALANCE®  
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## Typical Amino Acid Profile (example) (per serving)\*\*

Essential Amino Acids	mg Per 38 g Serving
L-Histidine	544
L-Isoleucine***	997
L-Leucine***	1834
L-Lysine	1615
L-Methionine	213
L-Phenylalanine	1203
L-Threonine	856
L-Tryptophan	196
L-Valine***	1087
Non-Essential Amino Acids	
L-Alanine	906
L-Arginine	1875
L-Aspartic Acid	2559
L-Cysteine	331
L-Glutamic Acid	3930
Glycine	912
L-Proline	960
L-Serine	1143
L-Tyrosine	824

\*\* subject to natural variability

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

\*\*\*Branched-Chain Amino Acids

This product is sold by weight not volume.

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