



SUGGESTED USAGE: Add 1 level scoop daily to 10 oz. of cold water, juice, or your favorite beverage, and blend; or use as directed by your healthcare practitioner.

HOW IT WORKS: Protocol for Life Balance® Plant Protein Complete is specifically formulated to provide a potent source of plant protein that is both easy to digest and abundant in amino acids. Our proprietary blend consists of non-GMO vegan protein from Pea, Hemp and Quinoa sources. Each 1 scoop serving provides 22 grams of protein, and typically has about 3,900 mg of branched-chain amino acids and 1,800 mg of L-Arginine. Naturally sweetened with xylitol and stevia extract with a hint of natural vanilla, Protocol for Life Balance® Plant Protein Complete tastes great and mixes easily.

NOTICE: Use this product as a food supplement only.
Do not use for weight reduction.

Contains Xylitol, do not feed to pets.

Natural color variation may occur in this product.

Plant Protein Complete

Natural Vanilla Flavor

- Non-GMO, 22 g Protein
- Vegan Protein Blend of Pea, Hemp, Quinoa
- Soy, No Dairy

NET WT. 2 LBS. (907 g)

Nutrition Facts

24 servings per container

Serving size 1 level scoop (38g)

Amount per serving

Calories 130

% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 360mg 16%

Total Carbohydrate 7g 3%

Dietary Fiber 2g 7%

Total Sugars <1g

Includes 0g Added Sugars 0%

Xylitol 2g

Protein 22g 44%

Vit. D 0mcg 0% • Calcium 26mg 2%

Iron 6mg 35% • Potas. 149mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Typical Amino Acid Profile (example) (per serving)**	
Essential Amino Acids	mg Per Serving
L-Histidine	544
L-Isoleucine***	997
L-Leucine***	1834
L-Lysine	1615
L-Methionine	213
L-Phenylalanine	1203
L-Threonine	856
L-Tryptophan	196
L-Valine***	1087
Non-Essential Amino Acids	
L-Alanine	906
L-Arginine	1875
L-Aspartic Acid	2559
L-Cysteine	331
L-Glutamic Acid	3930
Glycine	912
L-Proline	960
L-Serine	1143
L-Tyrosine	824

** subject to natural variability
Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

***Branched-Chain Amino Acids

This product is sold by weight not volume.

CODE P2129B V3



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