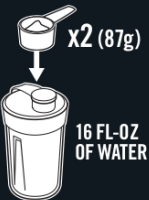


DIRECTIONS & USE

MIX 2 SCOOPS
(87g) INTO 16
FL-OZ WATER



50G
PROTEIN
PER SERVING



*FREE OF BANNED SUBSTANCES

ProHydrolase

NUTRIENT SUMMARY PER SERVING

50G
TOTAL PROTEIN

A source of both more slowly
digested (casein) and rapidly
digested (whey) proteins.†

TOTAL PROTEIN FROM:
15G WHEY PROTEIN ISOLATE
15G MILK PROTEIN ISOLATE
10G MICELLAR CASEIN
5G WHEY PROTEIN CONCENTRATE
5G HYDROLYZED WHEY PEPTIDES

3G CREAURE®
CREATINE MONOHYDRATE
1G CARNOSYN®
BETA-ALANINE
1G ADDED L-LEUCINE

Supports
muscle mass
and strength.†



This amino acid
helps stimulate
muscle protein
synthesis at the
cellular level. †

IS SPORTS NUTRITION THAT STANDS FOR:
**TRUTH
POWER
LIFE**

WHAT DO YOU STAND FOR?

We stand for truth, power and unyielding support of athletic lifestyles. This is our unwavering commitment to quality. A symbol to carry and support you before, during and after training or competition. **✖** stands for **TRUTH**: fully disclosed nutritional ingredients and no proprietary blends; **POWER**: efficacious formulations that enhance your performance; **LIFE**: inspiration you need to achieve your lifelong goals. Because truth is power, power is performance and performance changes lives.

NOTICE: Use this product as a
food supplement only. Do not
use for weight reduction.

NET WT 41.6 OZ (2.6 LBS / 1179G)

PROTEIN SUPPLEMENT MIX

► **PREPARE**
► **TRAIN**
► **RECOVER**



MONSTER

MILK®

STRAWBERRY
NATURALLY AND ARTIFICIALLY FLAVORED

50G
PROTEIN
PER SERVING

3G
CREAURE®
CREATINE MONOHYDRATE
PER SERVING

125MG
PROHYDROLASE®
DIGESTIVE ENZYMES
PER SERVING



*FREE OF
BANNED
SUBSTANCES

Supplement Facts

Serving Size 2 scoops (87g)
Servings Per Container About 13

	Amount Per Serving	%DV
Calories	280	
Calories from Fat	35	
Total Fat	4 g	6%*
Saturated Fat	1 g	5%*
Cholesterol	45 mg	15%*
Total Carbohydrate	12 g	4%*
Dietary Fiber	2 g	8%*
Sugars	3 g	**
Protein	50 g	100%*
Thiamin (as Thiamine Mononitrate)	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	4 mg	200%
Folate (as Folic Acid)	400 mcg	100%
Vitamin B12 (as Cyanocobalamin)	30 mcg	500%
Calcium	800 mg	80%
Iron	0.36 mg	2%
Phosphorus	400 mg	50%
Magnesium	40 mg	10%
Chromium (as Chromium Chloride)	120 mcg	100%
Sodium	270 mg	11%
Potassium	700 mg	20%
L-Glutamine	4 g	**
L-Leucine	1 g	**
Leucine-Enriched Whey Peptides (PepForm®)	1 g	**
Creatine Monohydrate (Creapure®)	3 g	**
Betaine Anhydrous	2.5 g	**
Beta-Alanine (CarnoSyn®)	1 g	**
ProHydrolase® (protease enzymes from Bacillus sp. and Ananas comosus)	125 mg	**

* Percent Daily Values (DV) based on a 2,000 calorie diet.
**Percent Daily Value (DV) not established.

† These statements have not
been evaluated by the Food
and Drug Administration.
This product is not intended
to diagnose, treat, cure, or
prevent any disease.

For Information on CytoSport Products
call 1-888-298-6629 or email
productquestions@cytosport.com
CYTOSPORTMONSTER.COM
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OTHER INGREDIENTS: Milk Protein Isolate, Whey Protein Isolate (Milk), Micellar Casein (Milk), Whey Protein Concentrate (Milk), Whey Protein Hydrolysate (Milk), Natural and Artificial Flavors, Non-Dairy Creamer (Sunflower Oil, Maltodextrin, Sodium Caseinate (A Milk Derivative), Mono- and Diglycerides, Tocopherols), Maltodextrin, Inulin, Oat Fiber, Potassium Chloride, Canola Oil, Freeze Dried Strawberries, Beet Powder (Added for Color), Acesulfame Potassium, Gum Blend (Cellulose Gum, Xanthan Gum, Carrageenan), Soy Lecithin, Sucralose, Stevia Extract.

Produced for CytoSport, Inc.,
Benicia, CA 94510

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PepForm® is a registered trademark of
Glanbia PLC

Creapure® is a licensed registered
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L-79230-REV01.02/15
55976 S1097763-01

