

# AST

**SPORTS SCIENCE**

**GH**  
Potentiator

**36**  
Servings

Easy to  
Swallow  
Capsules

# GABA™

**GROWTH HORMONE POTENTIATOR**  
**MUSCLE • STRENGTH • RECOVERY**

Dietary Supplement • Net Wt: 100 g (3.53 oz) 180 Capsules

**GABA™** is an amino acid classified as a neurotransmitter. Studies have shown supplementing with **GABA™** increases Growth Hormone secretion. The principle anabolic actions of Growth Hormone include the stimulation of amino acid transport, increased protein synthesis, reduction of body-fat and increase of muscle growth.

**AST Sports Science** produces **GABA™** under rigid quality control conditions. Each batch is HPLC Certified and Laboratory Tested for purity and potency. +

† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**AST SPORTS SCIENCE**

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**Made In USA** REV# GABA516

## Supplement Facts

Serving Size: **5 Capsules**  
Servings Per Container: **36**

| Amount per Serving: | %DV** |
|---------------------|-------|
|---------------------|-------|

|                                |                  |
|--------------------------------|------------------|
| <b>Gamma Aminobutyric Acid</b> | <b>3 grams *</b> |
|--------------------------------|------------------|

\*Daily value not established. \*\*% Daily Value

**Recommended Use:** For adults only. As a dietary supplement, take five (5) capsules approximately 30 minutes before sleep. Optional - Take 3 to 5 capsules 30 minutes before workout.

**GABA™** is a naturally occurring amino acid classified as a neurotransmitter. Some individuals may experience a minor tingling of the skin and/or slight shortness of breath shortly after taking **GABA™**. This is characteristic of this amino acid and quickly subsides.

**GABA™** is manufactured with the utmost care and highest standards in a NSF GMP certified facility.

