

This formulation provides vegetarian-source Glucosamine to nutritionally support joint health.* Vitamin C and Manganese are also included to support production of collagen and healthy cartilage compounds.* MSM, a natural source of the important mineral sulfur, Ginger Root and Willow Bark extracts are also included. Collectively, the ingredients in this formulation help to promote healthy joint structure and flexibility, which supports comfortable movement.* Individual results may vary.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Willow Bark Extract is a natural ingredient that the body recognizes like aspirin. If you have an allergy to aspirin, please consult your physician before use. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
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SHELLFISH-FREE GLUCOSAMINE MSM COMPLEX

PROMOTES HEALTHY JOINTS*
SUPPORTS COMFORTABLE MOVEMENT*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS



120 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Tablets
Servings Per Container: 40

Amount Per Serving	%DV
Calories	5
Total Carbohydrate	2 g 1%**
Vitamin C (as calcium ascorbate)	100 mg 111%
Manganese (as manganese glycinate†)	5 mg 217%
Glucosamine Hydrochloride (vegetarian, shellfish-free)	1500 mg (1.5 g) ***

Other Ingredients: Microcrystalline Cellulose, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate, Vegetable Glycerin.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.



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Associates, Inc. DBA Bergstrom Nutrition.



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Trademark of Cargill, Incorporated.

Amount Per Serving	%DV
MSM 1000 mg (1 g) (methylsulfonylmethane, OptiMSM®)	***
Ginger 4:1 Extract 108 mg (<i>Zingiber officinale</i>) (root) (equivalent to 432 mg of Ginger)	***
Willow Bark Extract 5:1 100 mg Extract (<i>Salix spp.</i>) (bark) (equivalent to 500 mg of Willow Bark)	***

**Percent Daily Values (DV) are based on
a 2,000 calorie diet

***Daily Value (DV) not established

SUGGESTED USE: As a dietary supplement for adults, take three (3) tablets daily, preferably with a meal or as directed by a healthcare practitioner.

Due to the natural variation of the raw material, tablet color and appearance may vary from batch to batch.

†Albion International, Inc.

