

USAGE: Take 1 softgel 1 or 2 times per day or as directed by your qualified health care consultant.

Jarrow FORMULAS® Extra Virgin Organic Coconut Oil (*Cocos nucifera*) is **expeller-pressed** from the dried flesh (copra) of the coconut palm fruit, and does not utilize any chemical solvents in the manufacturing process. Coconut oil is a source of medium chain triglycerides (MCTs), such as lauric acid (C-12) and caprylic acid (C-8).

- Made with Certified Organic Coconut Oil
- Non-GMO
- Cold-Pressed, Solvent Free
- No Trans Fat

Keep out of the reach of children.

06311COCOXCVCAP PROD # 116047



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CERTIFIED ORGANIC

Jarrow FORMULAS®

Made With
100% Certified Organic Coconut Oil
EXTRA VIRGIN
Coconut
Oil



1000 mg per Softgel

120 Softgels

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Softgel Servings Per Container 120

Amount Per Serving

Calories 10.5 Calories from Fat 9

% Daily Value*

Total Fat 1 g 2%

Saturated Fat 880 mg 4%

Trans Fat 0 g

Polyunsaturated Fat 6 mg

Monounsaturated Fat 35 mg

* Percent Daily Values are based on a 2,000 calorie diet.
Not a significant source of Vitamin A, C, Iron or Calcium.

Ingredients: 100% expeller pressed, organic, extra virgin coconut oil. Softgel consists of gelatin, glycerin, purified water and carob (as a light barrier).

Contains: Tree nuts (coconut).

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts.

Certified Organic by QAI.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

P.O. Box 35994

Los Angeles, CA 90035-4317

www.Jarrow.com

Lot #. Best Used Before: