

SUGGESTED USAGE: For Pre-Workout Energy Support: Mix 1 level scoop of Amino Power in 14 to 16 oz. of water or other beverage 20-30 minutes before workout. **For Post-Workout Amino Support:** At least 4 hours after initial pre-workout dose, mix 1 level scoop of Amino Power in 14 to 16 oz. of water or other beverage. One scoop of Amino Power has approx. 50 mg caffeine.

NOW® Sports Amino Power Pre-Workout Powder features BCAAs, Beta-Alanine, L-Arginine, and more to help you stay focused and energized so you can train harder and longer.* Amino Power has BCAAs to support muscle growth, retention, and recovery, and Beta-Alanine to delay muscle fatigue and promote rapid recovery from intense exercise.* L-Arginine is included to enhance blood flow and nutrient delivery.* With 50 mg Caffeine per scoop, this great-tasting supplement helps you maintain physical energy and focus during your workout, while supporting your body's natural recovery processes.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Beta-Alanine may cause a harmless, temporary tingling sensation on the skin for some individuals. After a few weeks of supplementation with Beta-Alanine, this sensation normally lessens or subsides. Consult physician if pregnant/nursing, taking medication (especially antihypertensives, nitrates, or other heart medications), or have a medical condition (especially herpes, kidney impairment and/or glaucoma). Discontinue use if nervousness, sleeplessness or nausea occur. Keep out of reach of children. Contains Xylitol, do not feed to pets. Do not eat freshness packet enclosed.

CODE 2009B
V4



Natural
Raspberry
Flavor



Amino Power Pre-Workout

- Energy and Endurance*
- Optimizes Recovery*
- Vegetarian/Vegan

NET WT. 600 g (21.16 OZ.)

A Dietary Supplement



Supplement Facts

Serving Size 1 Level Scoop (approx. 18 g)
Servings Per Container about 33

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	6 g	2%*
Xylitol	2 g	†
Sodium	240 mg	10%
Branched Chain Amino Acids (L-Leucine, L-Isoleucine, L-Valine) (2:1:1)	4,000 mg	†
L-Carnitine (Carnipure™) (from L-Carnitine Tartrate)	1,000 mg	†
Beta-Alanine (CarnoSyn®)	2,000 mg	†
L-Arginine (Free-Form)	1,000 mg	†
Natural Caffeine Powder**	46 mg	†
Green Tea Extract (<i>Camellia sinensis</i>) (Leaf)**	50 mg	†
Green Coffee Bean Extract (<i>Coffea arabica</i>)**	50 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Natural Flavors, Xylitol, Citric Acid, Sodium Bicarbonate Powder, Malic Acid, Beet Powder, Guar Gum, Stevia Leaf Extract (Rebaudioside A) and Silica.

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** Has naturally occurring caffeine.

This product has approx. 50 mg natural caffeine per scoop.

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Carnipure™ offers purest L-Carnitine and is a trademark of Lonza Ltd, Switzerland.
Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn®.
Store in a cool, dry, dark place after opening.