

Swanson®
**SUPERIOR
HERBS**

Milk Thistle

Standardized
Herbal Supplement

80% Silymarin



120 capsules • 250 mg

• DO NOT USE IF SEAL IS BROKEN. • STORE IN A COOL, DRY PLACE.
• KEEP OUT OF REACH OF CHILDREN.

SUGGESTED USE:

As a dietary supplement, take one capsule
two to three times per day with water.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

Milk Thistle Seed Extract 250 mg*
(standardized to 80% silymarin)

Milk Thistle Seed 250 mg*

*Daily Value not established.

Other ingredients: Gelatin.

DISTRIBUTED BY SWANSON HEALTH PRODUCTS

PO Box 2803 • Fargo, ND 58108 USA

TO REORDER, CALL TOLL FREE 1-800-437-4148
or visit our website at www.swansonvitamins.com



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