

Calcium is an essential mineral needed every day for proper health. About 99% of the body's calcium can be found in the bones and teeth. This mineral provides the building blocks that help keep bones and teeth strong and healthy. In addition, calcium helps to support the health of other systems in the body, including the heart, musculoskeletal and nervous systems.*

Adequate calcium as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis in later life.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
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SOLGB70409 02D



CHEWABLE CALCIUM 500 MG WAFER

PROMOTES A HEALTHY
MUSCULOSKELETAL SYSTEM*



Non-GMO
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS



60 WAFERS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Wafers
Servings per Container: 30

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	2 g	1%**
Total Sugars	2 g	***
Includes 2g Added Sugars		4%**
Calcium (as calcium carbonate)	1,000 mg	77%

**Percent Daily Values (DV) are based
on a 2,000 calorie diet

***Daily Value (DV) not established

Other Ingredients: Natural Sweetener (granulated cane sugar), Natural Flavors (vanilla and coconut), Vegetable Magnesium Stearate, Silica.

Contains coconut.

SUGGESTED USE: As a dietary supplement for adults, take two (2) wafers daily, preferably with a meal or as directed by a healthcare practitioner.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sodium, Artificial Flavor, Artificial Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

