

Vitamin C is a water-soluble vitamin that helps fight free radicals, which can lead to oxidative stress and the premature aging of cells. One of its primary functions is collagen formation, which is important for healthy skin and joints. Vitamin C also plays an essential role in the functioning of white blood cells, which are vital components of the immune system.\* This formula is offered in a chewable dosage form, which contains 1 gram of added sugar per serving.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:  
Solgar, Inc.  
500 Willow Tree Road  
Leonia, NJ 07605 U.S.A.

For more information, call toll-free  
1-877-SOLGAR 4  
[www.solgar.com](http://www.solgar.com)  
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NATURAL CRAN-RASPBERRY FLAVOR  
**CHEWABLE**  
**VITAMIN C**  
**500 MG**



ANTIOXIDANT SUPPORT\*  
IMMUNE SUPPORT\*

Non-GMO  
GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS



90 CHEWABLE TABLETS

DIETARY SUPPLEMENT

1g OF ADDED SUGAR  
PER SERVING

## Supplement Facts

Serving Size: 1 Chewable Tablet

Amount Per Serving		%DV
Calories	10	
Total Carbohydrate	2 g	1%**
Total Sugars	1 g	***
Includes 1g Added Sugars		2%**
Vitamin C (as sodium ascorbate, L-ascorbic acid, calcium ascorbate)	500 mg	556%
Sodium	30 mg	1%
Acerola Extract (fruit)	10 mg	***
Rose Hips (fruit)	4 mg	***

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*\*\*Daily Value (DV) not established

Other Ingredients: Sucrose, Fructose, Microcrystalline Cellulose, Xylitol, Natural Flavors, Red Beet (color), Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate, Xanthan Gum, Carrageenan.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Artificial Flavor, Preservatives.**

**SUGGESTED USE:** As a dietary supplement for adults, chew one (1) tablet up to two times daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

