

USAGE: Take 1 softgel 3 to 4 times per day with meals or as directed by your qualified health care consultant.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

CLA contains conjugated linoleic acid (CLA), a unique optical isomer of the polyunsaturated fatty acid linoleic acid. CLA is a lipid component of cell membranes and breast milk. Although dietary sources of CLA typically include red meat and dairy products, **Jarrow FORMULAS**® CLA is derived from safflower oil. Two CLA 750 softgels offer the CLA equivalent of what is found in 38 slices of cheese. CLA has been shown in animal experiments to assist in glucose metabolism and enhancement/retention of lean body mass (muscle).*

Store in a cool, dry place.
Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



02211CLA90
PROD # 116010

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**Conjugated
Linoleic Acid**

CLA

750 mg CLA from 1000 mg Safflower Oil



90 Softgels
Dietary Supplement

Jarrow FORMULAS®

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 90

	Amount Per Softgel	% DV
Calories	10 Kcal	*
Total Fat	1 g	2%
Conjugated Linoleic Acid	750 mg	*
Safflower oil base	250 mg	*

* Daily Value not established.

Other Ingredients: Mixed tocopherols. Softgel consists of gelatin, glycerin, water and natural caramel color (added as a light barrier).

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Distributed Exclusively by:

Jarrow FORMULAS®

Superior Nutrition and FormulationSM

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Lipid Nutrition filed and was granted the following patents related to Clarinol CLA: US 6271404 CLA process patent, and US 5814663, US 5760082, US 5760082 for relevant WARF patents related to body weight management.

Lot #. Best Used Before: