

## Green Blend

Fermented greens for superior nutrient availability and maximum benefit

Vegan • Non-GMO • Dairy-Free Soy-Free • Certified Organic • Gluten-Free



8.9 oz. (255 g)



## **Supplement Facts**

Serving Size 1 scoop (8 g) Servings Per Container about 31

Amount Per Serving	%Daily Value
Calories 30	
Total Carbohydrate 5 g	2%*
Dietary Fiber 3 g	12%*
Insoluble Fiber 3 g	+
<b>Protein</b> 2 g	
Vitamin C (as ascorbic acid) 7 m	ng 10%
Calcium 20 mg	2%
Iron 3 mg	18%
Proprietary Pland 9 g	

## **Proprietary Blend** 8 g

Fermented grass blend\*\* (barley grass\*\*, oat grass\*\*, wheat grass\*\*, alfalfa grass\*\*, Lactobacillus plantarum, Saccharomyces boulardii, and molasses\*\*), alfalfa herb\*\*, barley grass\*\*, defatted flax seed\*\*, oat grass\*\*, rye grass\*\*, broccoli\*\*, ginger root\*\*, chlorella\*\*, dulse\*\*, licorice root\*\*, spirulina\*\*, kale leaf\*\*, defatted sunflower seed\*\*, cinnamon bark\*\*, and defatted sesame seed\*\*.

- \* Percent Daily Values based on a 2,000 calorie diet.
- + Percent Daily Value not established.

OTHER INGREDIENTS: natural flavors.

MANUFACTURED BY: FLORA, INC., 805 E. BADGER RD., LYNDEN, WA 98264 1.800.446.2110 67515-R06 CERTIFIED ORGANIC BY OAI

**SUGGESTED USE:** Mix 1 scoop (8 g) as desired with a glass of water. Drink plenty of pure water throughout the day. Refrigerate after opening for optimal freshness.

Udo's Choice Green Blend is made from a combination of fermented grasses (wheat, oat, alfalfa, and barley), organic whole foods, herbs, and superfoods. These premium-quality, all-vegetarian, organic ingredients have been carefully selected to provide nutrition that is convenient.

- Our organic grass blend of high quality barley, oat, wheat, and alfalfa are fermented using a stateof-the-art process to promote digestion and make vitamins, minerals, amino acids, and antioxidants more available to the body.
- Super nutrition: Superfoods like chlorella and spirulina combined with super greens like kale and broccoli create an ultra dense nutrient profile.
- Chlorophyll-rich organic wheat grass, barley grass, rye grass, alfalfa, and kale.
- · A good source of antioxidant vitamin C.
- · Good source of iron.
- Good source of dietary fiber. Provides 3 g of insoluble fiber per serving.
- · No fillers or binders.





LOT: BEST BEFORE:



<sup>\*\*</sup> certified organic