



To help protect our forests and reduce landfill burden, Yogi tea cartons use 100% Recycled Paperboard, 55% Post Consumer Waste, and are printed with environmentally-friendly vegetable-based inks.

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Vanilla Spice Perfect Energy®

ENERGIZES AND SUPPORTS FOCUS*

CONTAINS CAFFEINE~HERBAL SUPPLEMENT

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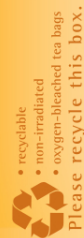
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Love our tea as much as we do or we'll gladly refund your money.

Inspire us and yourself at www.yogiproduts.com

YOGI®
A product of East West Tea Company, LLC
950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproduts.com

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BEST BEFORE:



Yoga for Soothing Energy

Sit cross-legged or in a chair with spine straight and feet flat. Block right nostril with right hand. Take 26 long deep breaths through left nostril. Switch sides and breathe through right nostril. Relax in the calm and focused energy.

Before doing this exercise or participating in any exercise program, consult your physician.



Our story began in 1969 when Yogi Bhaijan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".



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16 TEA BAGS - NET WT 1.12 OZ (32g)

Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
L-Theanine Suntheanine®	16 mg	†
Proprietary Blend of Herbs:	1,704 mg	
Organic Green Tea Leaf		†
Organic Assam Black Tea Leaf		†
Organic Cinnamon Bark		†
Organic Rooibos Leaf		†
Organic Ginger Root		†
Green Tea Leaf Extract		†
Organic Licorice Root		†
Stevia Leaf		†
Organic Gotu Kola Leaf		†
Organic Ashwagandha Root		†
Organic Shatavari Root		†
Organic Shankpushpi Leaf		†

† Daily Value not established.

Other Ingredients: Organic Vanilla Flavors, Organic Vanilla Bean.

Each tea bag contains approximately 70 mg of caffeine, as compared to approximately 90 mg in 8 oz of coffee.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC
Springfield, Oregon 97477



Suntheanine® is a registered trademark of Taiyo International, Inc.



When You Need a Little Focused Energy

Looking for the "perfect" energy boost? Discover Yogi® Perfect Energy, a unique blend of tea with naturally invigorating herbs that help energize the body and focus the mind. A complex and delicious blend of Organic Green Tea and Organic Assam Black Tea combine with natural amino acid L-Theanine and traditionally used Ayurvedic herbs Organic Gotu Kola Leaf and Ashwagandha to invigorate the body and support clarity. Vanilla Bean and exotic spices combine for a delicious and intriguing tea that is sure to energize the body while helping to focus the mind with every cup.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup

Bring water to boiling and steep 4 to 6 minutes. For a stronger tea, use 2 tea bags. Enjoy 2 to 4 cups a day.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproduts.com/doing-good.