

Throat Comfort

SOOTHES THE THROAT*

CAFFEINE FREE~HERBAL SUPPLEMENT

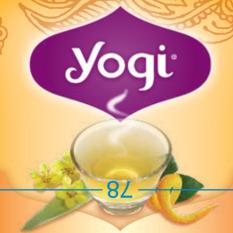


Yoga to Loosen Up Your Pipes

Sit cross-legged or in a chair with spine straight and feet flat. Close eyes and rest hands on knees. Inhale through nose as you turn your head to face over right shoulder, exhale as you turn to face over left shoulder. Continue 1 to 3 minutes. Then, face forward, take a few deep breaths and switch sides. Feel warmth and light expand through your throat and spirit.



Our story began in 1969 when Yogi Bhajan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named Yogi Tea"



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CAFFEINE FREE HERBAL SUPPLEMENT 16 TEA BAGS - NET WT 1.27 OZ (36a)







WARNING: Not recommended for use if you are pregnant or nursing. Consult your healthcare provider prior to use if you are taking any medication, if you have a medical condition or for daily use beyond 4 to 6 weeks.

East West Tea Company, LLC Springfield, Oregon 97477 Certified Organic by OAI, Inc.







Get the Most Out of Every Cup

When You Need a

Little Throat Comfort® The perfect way to help soothe your throat is with a cup of

our Throat Comfort® tea. In this delicious all-organic herbal

blend, we combine Slippery Elm Bark with Mullein,

favorites of Western herbalism prized for their usefulness in

soothing minor throat irritation. Wild Cherry Bark is included for its soothing effects, while Licorice root adds

comforting sweet flavor. Enjoy our Throat Comfort tea as a

naturally tasty treat or when you need a gentle and

comforting blend to soothe your throat.*

These statements have not been evaluated by the FDA. This product

is not intended to diagnose, treat, cure, or prevent any disease

Bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. Drink 3 to 6 cups daily. To warm up or soothe the throat, such as for singing or public speaking, sip as needed throughout the day.*









At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at vogiproducts.com/doing-good.