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Udo's Choice Adult Enzyme Blend contains 7 active vegetarian enzymes chosen to aid digestion and maximize absorption.* This enzyme blend is designed to support the digestion of foods high in protein, carbohydrates, and fat, and helps increase absorption of nutrients from food.* It also helps to reduce gas and bloating following meals rich in carbohydrates.* Udo's Choice Adult Enzyme Blend maintains the overall health of your digestive system and is a good

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose. treat, cure, or prevent any disease.

addition to any diet plan.*



Adult Enzyme Blend

Enhances Proper Digestion & Absorption of Nutrients*





Supplement Facts

Amount Per Capsule	% Daily Valu
Proprietary Blend	248 m
Amylase (Aspergillus oryzae)	5,000 FCC DU
Lipase (Triacylglycerol lipase, Rhizopus oryzae)	1,000 FCC LU
Protease 4.5 (Aspergillus oryzae)	
Alpha-Galactosidase (Aspergillus niger)	
Bromelain (Ananas comosus)	500,000 FCC PU
Protease 6.0 (Aspergillus oryzae)	8.000 FCC HUT
Cellulase (Tichoderma longibrachiatum)	275 FCC CU

†Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, magnesium stearate, and maltodextrin in a vegetarian capsule made of water and hydroxypropyl methylcel-Iulose (USP).

SUGGESTED USE: Take 1 capsule up to 3 times daily. Take 1 capsule with the first bite of food/meal. For a heavy meal, take an additional capsule in the middle of the meal.

CAUTION: Consult a health care practitioner prior to use if you 1) are pregnant or breastfeeding 2) have diabetes 3) have gastrointestinal lesions/ulcers 4) are taking anticoagulant agents, anti-inflammatory agents, or antibiotics 5) are having surgery. Consult a health care practitioner if symptoms persist or worsen. Security sealed for your protection. Do not use if seal is missing or damaged. Store in a cool, dry place.