



1.800.446.2110
www.florahealth.com



LOT: BEST BEFORE:

DISTRIBUTED BY:
FLORA, INC., 805 E. BADGER RD.
LYNDEN, WA 98264
1.800.446.2110
PRODUCT OF CANADA
61360-R06

Udo's Choice Enzyme Blend combines 7 enzymes including lactase, which breaks down lactose and supports the relief of discomforts associated with dairy intolerance, plus protease to aid in the digestion of proteins.* In addition, this complete blend contains the enzymes required to break down and metabolize fat, carbohydrates, soluble fiber, starch, milk sugar, and complex sugars. It also helps to reduce gas and bloating following meals rich in carbohydrates.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**NEW &
IMPROVED**
Now with 6 times
more lactase!



UDO'S CHOICE
Udo's Enzymes

Enzyme Blend

Blend of Seven Vegetarian Enzymes

**Enhances Proper Digestion &
Provides Relief for Lactose Intolerance***

DIETARY SUPPLEMENT



90 VEGETARIAN
CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Capsule	% Daily Value
Proprietary Blend	150 mg
Amylase (<i>Aspergillus oryzae</i>)	5,000 FCC DU†
Lactase (<i>Aspergillus oryzae</i>)	3,000 FCC ALU†
Alpha-Galactosidase (<i>Aspergillus niger</i>)	260 FCC GalU†
Protease 4.5 (<i>Aspergillus oryzae</i>)	12,500 FCC HUT†
Cellulase (<i>Trichoderma longibrachiatum</i>)	400 FCC CU†
Lipase (<i>Rhizopus oryzae</i>)	150 FCC LU†
Bromelain (<i>Ananas comosus</i>)	50,000 FCC PU†

†Daily Value not established.

OTHER INGREDIENTS: Microcrystalline cellulose, magnesium stearate, and maltodextrin in a vegetarian capsule made of water and hydroxypropyl methylcellulose (USP).

SUGGESTED USE: Take 1 capsule up to 3 times daily. Take 1 capsule with the first bite of food/meal. For a heavy meal, take an additional capsule in the middle of the meal.

CAUTION: Consult a health care practitioner prior to use if you 1) are pregnant or breastfeeding 2) have diabetes 3) have gastrointestinal lesions/ulcers 4) are taking anticoagulant agents, anti-inflammatory agents, or antibiotics 5) are having surgery. Consult a health care practitioner if symptoms persist or worsen. Security sealed for your protection. Do not use if seal is missing or damaged. Store in a cool, dry place.