Contains No Added sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors

Suggested Use: As a dietary supplement, adults take one (1) capsule, two (2) to six (6) times daily with meals, or as directed by a health care professional. Store in a cool, dry place and away from direct light. Keep out of reach of children.

QUALITY AND POTENCY GUARANTEED.

## vitabase

## Valerian Root

Extract 4:1, 125 mg



Supplement Facts Serving Size: 1 Capsule	Amount	% DV
Valerian root extract 4:1** (Valeriana officinalis)	125 mg	*

Other Ingredients: Gelatin (capsules), (May contain one or more of the following; rice powder, vegetable stearin, magnesium stearate and silica).

\*Daily Value not established.

\*\*(Equivalent to 500 mg of Valerian root powder). Valerian is a perennial herb that is harvested in its natural environment in India and Western Asia. The pungent root has been used since ancient times.

Vitabase uses only high quality ingredients.



Formulated for: Vitabase.com Monroe, GA 30656