

**USAGE:** Take 2 tablets 2 times per day with meals or as directed by your qualified health care consultant. **Easy-Solv®** tablets are designed to disintegrate within several minutes of ingestion. For best results, use in conjunction with **QH-Absorb®** (ubiquinol).

**NOTE:** If you have a medical condition (especially diabetes/glucose control problems, gall bladder/bile duct blockages or gallstones, kidney dysfunction or liver disease), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your health care practitioner before using this product.

**Jarrow FORMULAS® ChoLess Optimizer®** combines *clinically tested* levels of sesame seed lignans, tocotrienols and artichoke extract.\* **Artichoke extract** reduces the oxidation of LDL cholesterol.\* The proprietary extract **SesaPlex™** contains sesamin, a lignan from sesame seeds that has been shown to conserve the body's supply of *gamma*-tocopherol and *gamma*- and other tocotrienols as well as activate fatty acid-oxidizing enzymes for improved fat metabolism.\* Tocotrienols support cardiovascular function by affecting biosynthesis of cholesterol and reducing oxidation of low density lipoprotein (LDL cholesterol).\*

The formula is optimized with **Red Yeast Rice**. **Jarrow FORMULAS®** uses Red Yeast Rice that is carefully fermented to avoid the presence of the natural byproduct citrinin.

Keep out of the reach of children.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SesaPlex™ is a trademark of Glykon Technologies Group, LLC.

Lot #. Best Used Before:



**EASY  
SOLV®**

**Jarrow  
FORMULAS®**

# ChoLess Optimizer®

Optimized  
with

Helps Maintain Healthy  
Cholesterol Levels\*

Artichoke Extract, Sesame Lignans,  
Tocotrienols and Red Yeast Rice

**120 Easy-Solv® Tablets**  
**Dietary Supplement**

## Supplement Facts

Serving Size 4 Tablets

Servings Per Container 30

|                                                                                                   | Amount Per Serving | % DV |
|---------------------------------------------------------------------------------------------------|--------------------|------|
| Artichoke Extract<br>( <i>Cynara scolymus</i> ) (leaf) (5% total caffeoylquinic acids)            | 1,800 mg           | *    |
| Red Yeast Rice<br>( <i>Monascus purpureus</i> )                                                   | 1,200 mg           | *    |
| SesaPlex™ Sesame Seed Extract<br>( <i>Sesamum indicum</i> lignans, >30% sesamin, >10% sesamolins) | 200 mg             | *    |
| Tocotrienols<br>(92% delta- and gamma-tocotrienols)                                               | 50 mg              | *    |

\* Daily Value not established.

Other Ingredients: Cellulose, dicalcium phosphate, stearic acid (vegetable source), silicon dioxide and magnesium stearate (vegetable source).

No wheat, no gluten, no soybeans,  
no dairy, no egg, no fish/shellfish,  
no peanuts/tree nuts.

Suitable for vegetarians/vegans.

Distributed Exclusively by:  
**Jarrow FORMULAS®**  
Superior Nutrition and Formulation™  
P.O. Box 35994  
Los Angeles, CA 90035-4317  
[www.Jarrow.com](http://www.Jarrow.com)

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