

SUGGESTED USAGE: Take 2 capsules daily, preferably in divided doses, or as directed by your healthcare practitioner.

HOW IT WORKS: Ortho Thyroid™ has been carefully formulated to naturally support thyroid and glandular activity, which are key factors to support optimal brain function and the production of energy.* With L-Tyrosine and Iodine, the two constituent nutrients of thyroid secretions, combined with specific B vitamins, zinc, selenium, and other trace minerals, this formula represents a comprehensive nutritional supplement for the support of healthy thyroid function.* Guggul and Ashwagandha extracts have also been included to complement the nutritional component of this formula.*

CAUTIONS/INTERACTIONS: If currently taking any thyroid medications, levodopa, methylphenidate, SNRIs, bupropion, warfarin, or MAO inhibitors, consult your healthcare practitioner prior to use. L-Tyrosine is contraindicated in those with the inborn errors of metabolism, alkaptonuria and tyrosinemia types I and II. Not intended for pregnant/nursing women. If you have a thyroid disorder, consult your healthcare practitioner prior to use.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Do Not Eat Freshness Packet. Keep in Bottle.

CODE
P3368Z
V10



PROTOCOL
FOR LIFE BALANCE®

Ortho Thyroid™

- Supports Healthy Thyroid Function*
- Nutrients for Healthy Metabolism*



90 Veg Capsules
A Dietary Supplement

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

	Amount Per Serving	% Daily Value
Vitamin B-6 (from Pyridoxine HCl)	2 mg	118%
Folate	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B-12 (as Methylcobalamin)	60 mcg	2500%
Iodine (from Potassium Iodide)	225 mcg	150%
Zinc (from L-OptiZinc® - Zinc L-Methionine Complex)	25 mg	227%
Selenium (from L-Selenomethionine)	50 mcg	91%
Copper (from Copper Amino Acid Chelate)	1 mg	111%
L-Tyrosine (Free-Form)	1 g (1,000 mg)	†
Guggul (<i>Commiphora mukul</i>) (Gum Resin) Standardized Extract (min. 2.5% Guggulsterones)	75 mg	†
Ashwagandha (<i>Withania somnifera</i>) (Root) Standardized Extract (min. 2.5% Withanolides)	50 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Cellulose Powder, Magnesium Stearate (vegetable source) and Silica.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

L-OptiZinc® is a registered trademark of InterHealth Corp.

Natural color variation may occur in this product.