



To help protect our forests and reduce landfill burden, Yogi tea cartons use 100% Recycled Paperboard, 55% Post Consumer Waste, and are printed with environmentally-friendly vegetable-based inks.



Joint Comfort™

SUPPORTS HEALTHY JOINTS*

HERBAL SUPPLEMENT

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Love our tea as much as we do or we'll gladly refund your money.

Inspire us and yourself at www.yogiproductions.com

YOGI®
A product of East West Tea Company, LLC
950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproductions.com

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BEST BEFORE:



Yoga to Spread Your Wings

Expand your mind and your motion. Sit with soles of feet together. Hold on to feet with hands, lean forward keeping back straight and chin at 90-degree angle to chest. Breathe the slowly and deeply. Continue for 1 to 3 minutes. Feel your body transform with the strength to soar through the day.

Before doing this exercise or participating in any exercise program, consult your physician.



Our story began in 1969 when Yogi Bhan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".



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16 TEA BAGS - NET WT 1.12 OZ (32g)

Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Proprietary Blend of Herbs:	1,981 mg	
Organic Lemongrass		†
Organic Peppermint Leaf		†
Organic Decaffeinated Green Tea Leaf		†
Organic Alfalfa Seed		†
Organic Turmeric Root		†
Celery Seed		†
Organic Spearmint Leaf		†
Yucca Root Extract		†
Cat's Claw Root Extract		†
Devil's Claw Root Extract		†

† Daily Value not established.

Other Ingredients: Natural Peach Flavor.

Each tea bag contains approximately 2 mg of caffeine, as compared to approximately 90 mg in 8 oz of coffee.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC
Springfield, Oregon 97477
Certified Organic by QAI, Inc.



When you Need a Little Joint Comfort™

Our unique blend of botanicals from Asia, Africa and America is purposefully formulated to help support the joints. Naturally Decaffeinated Organic Green Tea joins Organic Turmeric Root, used in Ayurveda to promote joint health, and Yucca Root, traditionally used by Native Americans to help support the joints. We then add Cat's Claw Root, used for centuries by the the Ashanica Indians of South America, and Devil's Claw Root-also traditionally used to support the joints-to round out this soothing tea. Enjoy this pleasant blend anytime during the day or when you need a little Joint Comfort.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup
Bring water to boiling and steep 4 to 6 minutes. For a stronger tea, use 2 tea bags. Enjoy 2 to 4 cups a day.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproductions.com/doing-good.