



ENHANCED POTENCY BIOTIN 1000 MCG

PROMOTES HEALTHY
SKIN, NAILS & HAIR*

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGETARIANS

100 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving	%DV
Biotin	1000 mcg 333%

DV = Daily Value

Other Ingredients: Microcrystalline Cellulose,
Vegetable Cellulose, Vegetable Stearic Acid,
Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy,
Yeast, Sugar, Sodium, Artificial Flavor,
Sweetener, Preservatives and Color.

SUGGESTED
USE: As a dietary
supplement for adults, take one (1)
to two (2) vegetable capsules daily,
preferably at mealtime, or as directed
by a healthcare practitioner.

If you are pregnant, nursing, taking any medication or
have a medical condition, please consult your
healthcare practitioner before taking any dietary
supplement. Keep out of reach of children. Store
in a cool, dry place. Do not use if outer bottle seal
is missing, torn or damaged in any way.

Solgar's KOP-K certification # K-1250

This statement has not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure or
prevent any disease.



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Biotin is a water-soluble B-vitamin.
It helps to promote healthy skin,
nails and hair, and is necessary
for certain enzymes to work
properly. Biotin also supports
energy production in the body, and
is required for protein, carbo-
hydrate, and fat metabolism.*

Carefully Manufactured by:
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www.solgar.com
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