

100% Recycled Paperboard

To help protect our forests and reduce landfill burden, Yogi tea cartons use 100% Recycled Paperboard, 55% Post Consumer Waste, and are printed with environmentally-friendly vegetable-based inks.

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# Yogi

## Green Tea Pomegranate

SUPPLIES ANTIOXIDANTS\*

CONTAINS CAFFEINE ~ HERBAL SUPPLEMENT

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Love our tea as much as we do or we'll gladly refund your money.

Inspire us and yourself at [www.yogiproducts.com](http://www.yogiproducts.com)

YOGI®  
A product of East West Tea Company, LLC  
950 International Way, Springfield, OR 97477, U.S.A.  
[www.yogiproducts.com](http://www.yogiproducts.com)

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recyclable • non-irradiated • oxygen-bleached tea bags  
Please recycle this box.



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BEST BEFORE:



### Yoga for Vitality

Sit cross-legged or in a chair with spine straight and feet flat. Stretch your arms straight out, parallel to the ground, palms facing each other and fingers spread. Breathe deeply through nose for 1 to 3 minutes. Next, inhale, hold, make fists and bring them to chest under maximum tension. Exhale slowly and relax.

Before doing this exercise or participating in any exercise program, consult your physician.

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HERBAL SUPPLEMENT

16 TEA BAGS - NET WT 1.12 OZ (32g)



### Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Proprietary Blend of Herbs:	1,816 mg	
Organic Green Tea Leaf		†
Organic Hibiscus Flower		†
Organic Peppermint Leaf		†
Organic Stevia Leaf		†
Organic Burdock Root		†
Organic Dandelion Root		†

† Daily Value not established.

**Other Ingredients:** Organic Orange Flavor, Organic Raspberry Flavor, Organic Pomegranate Flavor, Organic Blueberry Flavor.

Each tea bag contains approximately 30 mg of caffeine, as compared to approximately 90 mg in 8 oz of coffee.

**WARNING:** Consult your healthcare provider prior to use if you are taking any medication or if you have a medical condition.

East West Tea Company, LLC  
Springfield, Oregon 97477  
Certified Organic by QAI, Inc.



### Renew Yourself with Green Tea Pomegranate

Our Green Tea Pomegranate supplies antioxidants that can help neutralize harmful free radicals and reinvigorate the body. Organic Green Tea, which supplies polyphenols that can help counter free radicals, along with Hibiscus Flower, Peppermint and Pomegranate flavor combine for a lively and fresh blend. We've supplemented this formula with Burdock and Dandelion Root, herbs traditionally used to support healthy cleansing. Enjoy a cup of fruity Green Tea Pomegranate, and feel a sense of refreshment and renewal.\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup  
Bring water just to boiling and steep 3 minutes.  
Drink 2 to 4 cups a day.



Our story began in 1969 when Yogi Bhanan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at [yogiproducts.com/doing-good](http://yogiproducts.com/doing-good).