Yogi

## Ginkgo Clarity

SUPPORTS MEMORY\*

CAFFEINE FREE-HERBAL SUPPLEMENT

**Supplement Facts** 

YOG1® A product of East West Tea Company, LLC 950 International Way, Springfield, OR 97477, U.S.A. www.yogiproducts.com

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## Yoga for Clarity of Mind

Sit cross-legged or in a chair with spine straight and feet flat. Close your eyes and block left nostril with left hand. Take deep, slow breaths through the right nostril. Continue 1 to 3 minutes with focus on your breath. A clear mind opens the window to happiness.

Our story began in 1969 when Yogi Bhajan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named Yoqi Tea".



## Ginkgo Clarity™ SUPPORTS MEMORY\*

CAFFEINE FREE HERBAL SUPPLEMENT 16 TEA BAGS - NET WT 1.12 OZ (32g)







† Daily Value not established.

Other Ingredients: Organic Lemon Flavor, Ascorbic Acid.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC Springfield, OR 97477 Certified Organic by QAI, Inc.









When You Need a Little

Gingko Clarity

Yogi's Ginkgo Clarity is a fragrant herbal blend specially

Ginkgo Leaf has been used for centuries in Traditional

Chinese Medicine to help maintain healthy cerebral

function. Our blend combines Organic Ginkgo Leaf with

Ginkgo and Rhodiola Extracts to support memory. We

then add the traditional Ayurvedic herb blend "triphala"

(Amalaki, Haritaki, and Bibhitaki Fruits), to help

revitalize and rejuvenate. Have a clear day with a cup

is not intended to diagnose, treat, cure, or prevent any disease

Bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. Drink 2 to 4 cups a day.











At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproducts.com/doing-good.