

To help protect our forests and reduce landfill burden, Yogi tea contains 100% recycled paper (except for the inside of the bag) and is printed with environmentally friendly, vegetable-based inks.

Yogi
Echinacea Immune Support
 SUPPORTS IMMUNE FUNCTION*
 CAFFEINE FREE~HERBAL SUPPLEMENT

Love our tea as much as we do or we'll gladly refund your money. Inspire 20 and yourself at www.yogiproductions.com

YOGI®
 A product of East West Tea Company, LLC
 950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproductions.com
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* recyclable
 * non-irradiated
 * oxygen-bleached tea bags
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BEST BEFORE:

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Yoga to Support Vitality
 Sit cross-legged or in a chair with spine straight and feet flat. Stick your tongue all the way out and keep it out as you rapidly breathe through your mouth. Continue this breathing for 1 to 3 minutes. Not only will your body feel strong, but your spirit will be lifted to the sky.

Before doing this exercise or participating in any exercise program, consult your physician.

Our story began in 1969 when Yogi Bhajan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".

Supplement Facts
 Serving Size 1 tea bag (Makes 8 fl oz)

	Amount per Tea Bag	% Daily Value
Organic Echinacea Root	144 mg	†
Echinacea Purpurea Root Extract	47 mg	†
Proprietary Blend of Herbs:	1,245 mg	
Organic Peppermint Leaf		†
Organic Lemongrass		†
Organic Cinnamon Bark		†
Organic Licorice Root		†
Organic Spearmint Leaf		†
Organic Fennel Seed		†
Cardamom Seed		†
Organic Rose Hip		†
Organic Ginger Root		†
Organic Burdock Root		†
Organic Clove Bud		†
Organic Mullein Leaf		†
Stevia		†
Organic Black Pepper		†
Astragalus Root Extract		†
Elder Berry Extract		†

† Daily Value not established.

Other Ingredients: Organic Lemon Flavor, Natural Cinnamon Bark Oil, Natural Cardamom Seed Oil, Natural Ginger Root Oil.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC
 Springfield, OR 97477
 Certified Organic by QAI, Inc.

MADE WITH ORGANIC MULLEIN LEAF
 NON GMO Project VERIFIED
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 MADE WITH ORGANIC MULLEIN LEAF

Support Your Health with Echinacea Immune Support
 Health practitioners for centuries have respected the powers of Echinacea. Traditionally used for centuries, our exclusive combination combines three varieties of Echinacea root, an herb that is believed by herbalists to support the immune system. We complement this blend with Elder Berry Extract and soothing Organic Mullein Leaf, herbs traditionally used to help support respiratory function. Hints of spice combine with lively Peppermint, Lemongrass, Rose Hip and sweet Licorice for an intriguingly delicious blend. This blend is sure to become an all-season favorite as well as when your immune system needs support.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Get the Most Out of Every Cup
 Bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. Drink up to 5 cups a day.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproductions.com/doing-good.