

Cold Season

SUPPORTS THE BODY DURING THE COLD WEATHER SEASON*

CAFFEINE FREE~HERBAL SUPPLEMENT

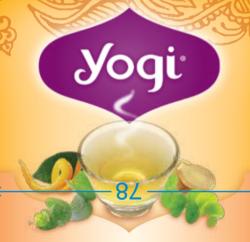




Yoga to March Your Way to Energy

Standing straight with arms relaxed at your side, inhale and lift right knee up as close to chest as possible, exhale and lower your knee down. Repeat this motion with your left knee and continue marching in place for 1 to 3 minutes. Revel in the warm energy coming

Our story began in 1969 when Yogi Bhajan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named Yogi Tea".



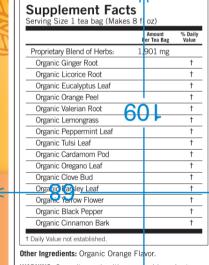
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CAFFEINE FREE HERBAL SUPPLEMENT 16 TEA BAGS - NET WT 1.12 OZ (32g)







WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC Springfield, Oregon 97477 Certified Organic by OAI, Inc.









The Warming Goodness of Our Cold Season Tea Cold Season is a soothing all-organic herbal tea specifically

formulated for use during the cold weather season. We start with the warming herbs traditionally used in Ayurveda-Ginger, Cardamom, Cinnamon and Clove-known as "heating herbs" that can help to support complemented with Peppermint, Eucalyptus and Basil, herbs traditionally used for their warming and invigorating properties. So when the cold weather season arrives, relax and sip a steaming cup of Cold Season tea to help keep your internal fire blazing.*

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease



Get the Most Out of Every Cup

Bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. Drink 2 to 3 cups daily.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproducts.com/doing-good.