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Cold Season

SUPPORTS THE BODY DURING THE COLD WEATHER SEASON*

CAFFEINE FREE ~ HERBAL SUPPLEMENT

YOGI®
A product of East West Tea Company, LLC
950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproducs.com

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Love our tea as much as we do or we'll gladly refund your money.

Inspire us and yourself
at www.yogiproducs.com

recyclable • non-irradiated • oxygen-bleached tea bags
Please recycle this box.



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BEST BEFORE:



Yoga to March Your Way to Energy

Standing straight with arms relaxed at your side, inhale and lift right knee up as close to chest as possible, exhale and lower your knee down. Repeat this motion with your left knee and continue marching in place for 1 to 3 minutes. Revel in the warm energy coming from within.

6:10

Before doing this exercise program, consult your physician.




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Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount per Tea Bag	% Daily Value
Proprietary Blend of Herbs:	1.901 mg	
Organic Ginger Root		†
Organic Licorice Root		†
Organic Eucalyptus Leaf		†
Organic Orange Peel		†
Organic Valerian Root		†
Organic Lemongrass		†
Organic Peppermint Leaf		†
Organic Tulsi Leaf		†
Organic Cardamom Pod		†
Organic Oregano Leaf		†
Organic Clove Bud		†
Organic Bay Leaf		†
Organic Yarrow Flower		†
Organic Black Pepper		†
Organic Cinnamon Bark		†

† Daily Value not established.

Other Ingredients: Organic Orange Flavor.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC
Springfield, Oregon 97477
Certified Organic by QAI, Inc.



The Warming Goodness of Our Cold Season Tea

Cold Season is a soothing all-organic herbal tea specifically formulated for use during the cold weather season. We start with the warming herbs traditionally used in Ayurveda—Ginger, Cardamom, Cinnamon and Clove—known as “heating herbs” that can help to support respiratory and bronchial function. The blend is complemented with Peppermint, Eucalyptus and Basil, herbs traditionally used for their warming and invigorating properties. So when the cold weather season arrives, relax and sip a steaming cup of Cold Season tea to help keep your internal fire blazing.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Get the Most Out of Every Cup

Bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. Drink 2 to 3 cups daily.



Our story began in 1969 when Yogi Bhaijan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named “Yogi Tea”.



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HERBAL SUPPLEMENT
16 TEA BAGS – NET WT 1.12 OZ (32g)









At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproducs.com/doing-good.