

SUGGESTED USAGE: Take 2 capsules 1 to 2 times daily, preferably with food, or as directed by your healthcare practitioner.

HOW IT WORKS: Red Yeast Rice (RYR) is a natural product that has been used by Asian traditional herbalists for centuries and is produced by fermenting Red Yeast (*Monascus purpureus*) with rice. It is commonly used in cooking to enhance the color and flavor of foods. Red Yeast Rice Plus includes Alpha-Lipoic Acid and CoQ₁₀ for free radical protection, as well as Silymarin to support healthy liver function.* CoQ₁₀ is also known for its cardiovascular supporting properties.* This product is carefully produced to avoid the presence of citrinin, an unwanted by-product of RYR fermentation process.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Do not use if you are pregnant, may become pregnant, or are breast feeding, because using this product may harm the fetus. For adults only. Consult physician if taking medication (especially statins) or have a medical condition including a history of statin-intolerance or liver disease. Keep out of reach of children. If muscle complaints occur, discontinue use and consult a physician.

CODE
P3321C
V8



**PROTOCOL
FOR LIFE BALANCE®**

Red Yeast Rice Plus

With CoQ₁₀, Milk Thistle
& Alpha-Lipoic Acid
600 mg

- Cardiovascular Support*
- Supports Liver Function*



90 Veg Capsules

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 2 Veg Capsules Servings Per Container 45

Amount Per Serving	
Organic Red Yeast Rice (<i>Monascus purpureus</i>)	1.2 g (1,200 mg)*
Milk Thistle Extract (<i>Silybum marianum</i>) (Fruit/Seeds) (Standardized to 168 mg Silymarin Flavonoids - equivalent 80%)	210 mg*
Alpha-Lipoic Acid	100 mg*
CoQ ₁₀ (Coenzyme Q ₁₀) (as Ubiquinone)	60 mg*

* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source) and Silica.

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural trans-form of CoQ₁₀.

Do not eat freshness packet. Keep in bottle.

Natural color variation may occur in this product.