Yogi

Chai Green

DELICATELY SPICED AND ENERGIZING* CONTAINS CAFFEINE ~ HERBAL SUPPLEMENT

Supplement Facts

Proprietary Blend of Herbs:

Organic Green Tea Leaf

Organic Cardamom Pod

Organic Cinnamon Bark

Organic Ginger Root

Organic Stevia Leaf Organic Clove Bud

Organic Black Pepper

† Daily Value not established.

East West Tea Company, LLC Springfield, Oregon 97477 Certified Organic by OAI, Inc.

Serving Size 1 tea bag (Makes 8 fl oz)

Other Ingredients: Organic Cinnamon Bark Oil, Organic

Ginger Root Oil, Organic Cardamom Seed Oil. Each tea bag contains approximately 35 mg of caffeine, as compared to approximately 90 mg in 8 oz of coffee.

Per Tea Bag

2,217 mg

YOG1®

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Yoga for Vitality

Sit cross-legged or in a chair with spine straight and feet flat. Stretch your arms straight out, parallel to the ground, palms facing each other and fingers spread. Breathe deeply through nose for 1 to 3 minutes. Next inhale, hold, make fists and bring them to chest under

Before doing this exercise or participating in any

Our story began in 1969 when Yogi Bhajan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named Yogi Tea".





Chai Green

DELICATELY SPICED AND ENERGIZING*

CONTAINS CAFFEINE HERBAL SUPPLEMENT 16 TEA BAGS - NET WT 1.27 OZ (36a)

















Savor the Warmth of Chai Green

Experience a refreshing alternative in the exotic world of chai. We've crafted this unique blend with carefully selected Organic Green Tea. A favorite in China for over 400 years, this delicious tea supplies antioxidants that can support the body's defenses against damaging free radicals. Lively Cinnamon and Ginger combine for true chai flavor, and light, peppery notes of Cardamom round off the full-bodied flavor of this captivating tea. So, when you're in the mood for something a little Enjoy it plain, or for a more traditional brew add milk or milk

substitute and your favorite sweetener. These statements have not been evaluated by the FDA. This product



Get the Most Out of Every Cup

To enjoy the rich energizing flavor of our Chai Green, bring water just to boiling and steep 3 minutes. For a stronger tea, use 2 tea bags. Add your favorite sweetener and milk or milk substitute.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproducts.com/doing-good.