

100%
Recycled
Paperboard

To help protect our forests and reduce landfill burden, Yogi tea cartons use 100% Recycled Paperboard, 55% Post Consumer Waste, and are printed with environmentally-friendly vegetable-based inks.



Chai Black

RICHLY SPICED AND ENERGIZING*

CONTAINS CAFFEINE~HERBAL SUPPLEMENT

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Love our tea as much as we do or we'll gladly refund your money.

Inspire us and yourself at www.yogiproductions.com

YOGI®
A product of East West Tea Company, LLC
950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproductions.com

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recyclable
non-irradiated
oxygen-bleached tea bags
Please recycle this box.



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BEST
BEFORE:



Yoga to Revive Yourself

Create a triangle by supporting your weight evenly between your hands and the soles of your feet. Elbows and knees are straight, feet and hands shoulder-width apart. Head is between the arms. Breathing normally, hold position 1 to 3 minutes. Let your inner energy awaken your spirit.

Before doing this exercise or participating in any exercise program, consult your physician.



Our story began in 1969 when Yogi Bhaajan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".



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CONTAINS CAFFEINE
HERBAL SUPPLEMENT
16 TEA BAGS - NET WT 1.27 OZ (36g)



Supplement Facts		
Serving Size 1 tea bag (Makes 8 fl oz)		
	Amount Per Tea Bag	% Daily Value
Proprietary Blend of Herbs:		
Organic Assam Black Tea Leaf	2,215 mg	†
Organic Cardamom Pod		†
Organic Cinnamon Bark		†
Organic Ginger Root		†
Organic Stevia Leaf		†
Organic Clove Bud		†
Organic Black Pepper		†
† Daily Value not established.		
Other Ingredients: Organic Cinnamon Bark Oil, Organic Ginger Root Oil, Organic Cardamom Seed Oil.		
Each tea bag contains approximately 44 mg of caffeine, as compared to approximately 90 mg in 8 oz of coffee.		
East West Tea Company, LLC Springfield, Oregon 97477 Certified Organic by QAI, Inc.		



Awaken to the Experience of Chai Black

Transport yourself to the palaces of India with every cup of Chai Black. The journey begins with rich, full-bodied Organic Assam Black Tea from the Assam region of India—one of only two places in the world with native tea plants. To create an authentic, invigorating chai, we've added a blend of the classic spices of Cinnamon, Cardamom and Ginger, traditionally used for centuries in Ayurveda for their warming properties.* So sit back and savor the exquisite flavor of our alluring Chai Black. Enjoy it plain, or for a more traditional brew add milk or milk substitute and your favorite sweetener.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup

To enjoy the savory spice of our Chai Black, bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. Add your favorite sweetener and milk or milk substitute.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproductions.com/doing-good.