

To help protect our forests and reduce landfill burden, Yogi tea certifies 100% recycled paperboard. Yogi products are made with environmentally-friendly vegetable-based inks.

20 CAD 754 recycled paperboard



Breathe Deep®

SUPPORTS RESPIRATORY HEALTH*
CAFFEINE FREE~HERBAL SUPPLEMENT

Love our tea as much as we do or we'll gladly refund your money.

Inspire20 and yourself at www.yogiproductions.com

YOGI®
A product of East West Tea Company, LLC
950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproductions.com

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recyclable
non-irradiated
oxygen-bleached tea bags
Please recycle this box.



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BEST BEFORE:

Yoga for a Breath of Fresh Air

Stand with feet parallel. Inhale and draw your tailbone under, engaging the navel. Stretch arms above the head and lengthen the space between the vertebrae as you slowly lean backward. Be sure to actively work your legs and extend your back. Breathe deeply and relax into the pose.



Our story began in 1969 when Yogi Bhaajan, an inspirational teacher of holistic living, started teaching yoga in the west. He shared with his students his wisdom and knowledge of healthy living and the beneficial properties of herbs, all while serving a comforting and aromatic spiced tea they affectionately named "Yogi Tea".



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SUPPORTS RESPIRATORY HEALTH*

CAFFEINE FREE
HERBAL SUPPLEMENT
16 TEA BAGS - NET WT 1.12 OZ (32g)



Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount per Tea Bag	% Daily Value
Organic Eucalyptus Leaf	240 mg	†
Organic Thyme Leaf	138 mg	†
Proprietary Blend of Herbs:	1,612 mg	
Organic Licorice Root		†
Organic Tulsi Leaf		†
Organic Ginger Root		†
Organic Cinnamon Bark		†
Organic Elecampane Root		†
Organic Peppermint Leaf		†
Organic Cardamom Seed		†
Organic Mullein Leaf		†

† Daily Value not established.

Other Ingredients: Natural Licorice Flavor.

WARNING: Consult your healthcare provider prior to use if you are pregnant or nursing, taking any medication or if you have a medical condition.

East West Tea Company, LLC
Springfield, Oregon 97477
Certified Organic by QAI, Inc.



Take a Moment to Breathe Deep®

Relax and breathe in the enchanting aroma of a steaming cup of Yogi Breathe Deep tea. In this certified organic blend, we combine Thyme and Licorice, traditionally used to support the respiratory system, along with soothing, aromatic Eucalyptus and warming spices Cinnamon, Cardamom and Ginger for a naturally spicy-sweet flavor. Enjoy this tea plain or with a little honey, and experience delight with every steaming cup of Breathe Deep tea.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup
Bring water to boiling and steep 5 to 10 minutes. For a stronger tea, use 2 tea bags. Drink 2 to 3 cups a day.

At Yogi, it's about more than creating deliciously purposeful teas. Learn about our efforts to do good at home and around the world at yogiproductions.com/doing-good.