SUGGESTED USAGE: Take 3 capsules daily, or as directed by your healthcare practitioner.

HOW IT WORKS: Protocol For Life Balance® Glucosamine & Chondroitin with MSM combines three of the best known nutrients available for the support of healthy joints in one dietary supplement.* Scientific studies have demonstrated that Glucosamine and Chondroitin can promote normal joint mobility and comfort.* MSM is present as a naturally occurring sulfur compound for optimal nutritional support for the production of healthy joint structures.*

CAUTIONS/INTERACTIONS: For adults only. Do not take if allergic to shellfish. Mild transient gastrointestinal manifestations may occur. Glucosamine should not have a significant impact on sensitivity to insulin, however regularly monitoring blood glucose levels for at risk individuals may be advised. May interact with anticoagulant/antiplatelet agents. Keep out of reach of children. The use of MSM can lead to the occurrence of an abnormal resonance in the *in vivo* brain proton MR spectrum as well as in an *in vitro* cerebrospinal fluid NMR study, hence should be revealed prior to undergoing these or related diagnostic tests.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Do not eat freshness packet. Keep in bottle.

Natural color variation may occur in this product.

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PROTOCOL FOR LIFE BALANCE®

Glucosamine & Chondroitin with MSM

- Joint Health*
- Joint Mobility and Comfort*

Non-GMO

180 Capsules
A Dietary Supplement

Supplement Facts

Serving Size 3 Capsules Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%*
Sodium	150 mg	7%
Glucosamine Sulfate (from 1,500 mg Glucosamine Potassium Sulfate Complex)	1.1 g (1,100 mg)	†
Chondroitin Sodium Sulfate (from Bovine Cartilage)	1.2 g (1,200 mg)	†
MSM (Methylsulfonylmethane)	300 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Gelatin (capsule) and Magnesium Stearate (vegetable source).

Contains shellfish (crab, shrimp, lobster, crayfish).

Protocol For Life Balance®, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA protocolforlife.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.