

# SOLARAY®

DIETARY SUPPLEMENT

## B-Stress

PLUS IRON AND ZINC

120 CAPSULES

**WARNING:** Do not use if safety seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

**Directions:** Use only as directed. Take two capsules daily with a meal or glass of water. Store in a cool, dry place.

### Supplement Facts

Serving Size 2 Capsules  
Servings Per Container 60

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid, Rose Hips, Acerola)	500 mg	833%
Thiamine (as Thiamine Mononitrate) (B-1)	50 mg	3,333%
Riboflavin (Vitamin B-2)	50 mg	2,941%
Niacin (as Niacinamide)	100 mg	500%
Vitamin B-6 (as Pyridoxine HCl)	50 mg	2,500%
Folic Acid	400 mcg	100%
Vitamin B-12	100 mcg	1,667%

	Amount Per Serving	% Daily Value
Biotin	100 mcg	33%
Pantothenic Acid (as d-Calcium Pantothenate)	200 mg	2,000%
Iron (as Iron Amino Acid Chelate)	18 mg	100%
Zinc (as Amino Acid Chelate)	15 mg	100%
Choline (as Choline Bitartrate)	75 mg	*
Inositol	75 mg	*
Bioflavonoid Concentrate	50 mg	*
PABA (Para-Aminobenzoic Acid)	30 mg	*

\*Daily Value not established.

**Other Ingredients:** Gelatin Capsule, Cellulose, Silica, Magnesium Stearate, Whole Food Base (Whole Rice Concentrate including the Kernel, Polishings, and Hull, Pure Aloe Vera Gel), Chamomile and Peppermint.

**Discussion:** Essential B Vitamins are intended to provide nutritive support for normal, healthy metabolism and energy production. The complex of these vitamins in this formula is intended to support health and well-being during stressful periods.

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[www.nutraceutical.com](http://www.nutraceutical.com)

#### Comments or Questions:

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