

Love our tea as much as we do
or we'll gladly refund your money.

Inspire us and yourself
at www.yogiproductions.com

YOGI®
A product of East West Tea Company, LLC
950 International Way, Springfield, OR 97477, U.S.A.
www.yogiproductions.com

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recyclable
• non-irradiated
• oxygen-blended tea bags
Please recycle this box.



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201901



To help protect our forests and reduce landfill
burden, Yogi tea cartons use 100% Recycled
Paperboard, 55% Post Consumer Waste, and are
printed with environmentally-friendly
vegetable-based inks.

Yogi
**Woman's
Mother To Be®**
SUPPORTS HEALTHY PREGNANCY*
CAFFEINE FREE~HERBAL SUPPLEMENT

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Find Comfort with Woman's Mother To Be®

According to Yogic wisdom, there is no greater gift to a
child than a calm, self-nurtured and happy expectant
mother. Our Woman's Mother To Be is purposefully
formulated as a fragrant and delicious tea that can help
support the body during pregnancy. This certified organic
herbal blend includes Raspberry Leaf, traditionally used for
centuries by midwives and Western herbalists to support
the female system. Refreshing Spearmint, Peppermint and
Fennel add bright and intriguing flavor, and have been
traditionally used to help soothe minor upset stomach.
Sit back, relax and enjoy this special time with a cup
of our soothing Woman's Mother To Be tea.*

*These statements have not been evaluated by the FDA. This product
is not intended to diagnose, treat, cure, or prevent any disease.



Get the Most Out of Every Cup
Bring water to boiling and steep 5 to 10 minutes. For a
stronger tea, use 2 tea bags. Drink 2 to 4 cups a day.

Supplement Facts

Serving Size 1 tea bag (Makes 8 fl oz)

	Amount Per Tea Bag	% Daily Value
Proprietary Blend of Herbs:	1,900 mg	
Organic Raspberry Leaf		†
Organic Peppermint Leaf		†
Organic Nettle Leaf		†
Organic Spearmint Leaf		†
Organic Dandelion Root		†
Organic Fennel Seed		†
Organic Cardamom Pod		†

† Daily Value not established.

Other ingredients: Natural Lemon Flavor.

WARNING: Consult your healthcare provider prior to use
if you are taking any medication or if you have a
medical condition.

East West Tea Company, LLC
Springfield, Oregon 97477
Certified Organic by QAI, Inc.



Yogi
**Woman's
Mother To Be®**
SUPPORTS HEALTHY PREGNANCY*

CAFFEINE FREE
HERBAL SUPPLEMENT
16 TEA BAGS - NET WT 1.12 OZ (32g)



Yoga to Give Yourself a Break

On your hands and knees with your back parallel to
floor, inhale as you lift your head. Exhale as you arch
your spine upward and relax your head down. Breathe
through nose and flex slowly and gradually. Continue
1 to 3 minutes. Unwind and feel the tension in your
muscles melt away.

Before doing this exercise or participating in any
exercise program, consult your
physician.



Our story began in 1969 when Yogi
Bhaajan, an inspirational teacher of
holistic living, started teaching yoga
in the west. He shared with his
students his wisdom and knowledge of
healthy living and the beneficial
properties of herbs, all while
serving a comforting and
aromatic spiced tea they
affectionately named
"Yogi Tea".

Yogi Bhaajan