

Schiff
SINCE 1936

Melatonin Ultra

3 mg Melatonin
Theanine, GABA & More



NEW LOOK
SAME GREAT PRODUCT

3 mg Melatonin & More

- ✓ Helps you fall asleep faster, sleep well & wake up refreshed*
- ✓ Special blend helps you wind down & relax*
- ✓ Drug free

300 Tablets

Dietary Supplement



ACTUAL SIZE
TABLET



ITEM # 570941

Schiff's Melatonin Ultra contains key nutrients that support healthy sleep and relaxation.*

- ✓ Melatonin, produced naturally in the brain, signals the body to fall asleep. Over time, Melatonin production can decline so taking Melatonin at bedtime helps support your body's natural sleep process so you can fall asleep, have a good night's sleep and wake up refreshed.*
- ✓ GABA, Theanine and Chamomile help relieve day-to-day stress so you can wind down and relax in preparation for sleep.*
- ✓ Vitamin B6 is used by the brain for the healthy production of GABA and Melatonin.



Schiff's SURE DISSOLVE tablets are formulated to disintegrate within one hour.

Supplement Facts

	Amount Per Serving	% Daily Value
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Calcium (as dicalcium phosphate)	52 mg	5%
Melatonin	3 mg	*
L-Theanine	25 mg	*
Gamma-aminobutyric acid (GABA)	25 mg	*
Proprietary Herbal Blend	8.5 mg	*
Chamomile Extract (<i>Matricaria chamomilla</i>) (flower)		
Valerian Extract (<i>Valeriana officinalis</i>) (root)		

Directions: For best results take one (1) tablet at bedtime or as recommended by your health care professional.

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*Daily Value not established.

Other ingredients: Cellulose, hydroxypropyl cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, magnesium trisilicate), silicon dioxide, croscarmellose sodium, stearic acid, magnesium stearate, natural flavor.

Manufactured by: SCHIFF NUTRITION GROUP, INC.
SALT LAKE CITY, UT 84104 USA
For information call: 1-800-526-6251 (8am-5pm MST M-F)
www.schiffvitamins.com



GUARANTEED: No added sugar (sucrose, fructose, lactose), salt (sodium chloride), yeast, wheat, gluten or milk. No preservatives or artificial flavors.

GUARANTEED for purity, freshness and labeled potency.

WARNING: Not intended for use by pregnant or lactating women, individuals with autoimmune conditions, depressive disorders, endocrine disorders, serious illness, or other drug use. Seek advice from your health care practitioner prior to use if under medical supervision, taking tranquilizers or sedatives, or taking more than 10 mg of melatonin per day. Do not use before or while operating a motor vehicle or heavy machinery. Not to be taken by individuals under the age of 18.

**KEEP OUT OF REACH OF CHILDREN.
STORE IN A COOL, DRY PLACE WITH LID TIGHTLY CLOSED.**

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.