

Valerian has been traditionally used to support relaxation.* Valerian is also an excellent companion for occasional sleeplessness.*†

Directions: For adults, take five (5) capsules at bedtime. Capsules may be opened and prepared as a tea. As a reminder, discuss the supplements and medications you take with your health care providers.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, salt.

#271180



ACTUAL SIZE

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

radiance[®]

100 CAPSULES
dietary supplement

100% PRESERVATIVE FREE

VALERIAN ROOT
450 mg

supports relaxation*



Supplement Facts

Serving Size 5 Capsules
Servings Per Container 20

Amount Per Serving	%Daily Value
Valerian (<i>Valeriana officinalis</i>) (root)	2,250 mg (2.25 g) **

**Daily Value not established.

Other Ingredient: Gelatin (Bovine).

Carefully Manufactured by Radiance, LLC
2100 Smithtown Avenue, Ronkonkoma, NY 11779
© 2017 Radiance, Inc. V-19514

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18.

†Traditional use claims are based on historical or traditional practices. Valerian has a long history of use for relaxation and occasional sleeplessness dating back to traditional Greek medicine.

PROD. NO. 53982 B3390 01A